ANAMED REGIONAL TRAINING REPORT CONDUCTED IN LIRA NORTHERN UGANDA

Anamed seminar that was scheduled for the 21st - 26th March 2011 was successfully accomplished as planned.

Most of the guest participants from outside Lira Northern Uganda were received at All Nations Christian care Guest House in the early afternoon and late evening of Sunday the 20th March 2011 by **Rehema Namyalo**, the lead seminar facilitator and **Engineer Joseph Ogwal**; TAG's host representative.

On the 21st March 2011, the seminar was officially opened by Lira District chairman; **Honorable Alex Oremo Alot0772617882** whose message was very much encouraging to both the facilitators and the participants. The chairman who applauded the audience that anamed's arrival period in Lira which coincided with his election into the office is a great blessing to him. Hence, it will be his role to make sure that the mission of anamed succeeds in his district Lira so that he gets overwhelming votes in the next elections of 2016. He even further assured the facilitators and the participants that; for the anamed extension to other neighboring districts, he would invite another district chairperson from Alebtong district, **Honorable DK Odongo** to conduct the official closure of the seminar.

The seminar there after heated up with very many interesting activities; both the theoretical lectures and the practical not possible to be written down in this brief report as the limited volume is not enough to contain; but only worth seeing in the following pictorial explanations.



The beginning of the lessons after introductions and the official opening of the seminar

EXE GRALI WA

The course leaders were elected



The two facilitators **Mr. Samuel Mundua** and **Mr. Steven Kabaseke** officially came into to action.



Rehema Namyalo conducted lectures on Artemisia anua



Mineral water after breakfast



Good Lunch after morning session



ExtractingHoney with solar oven



The separation of honey from wax



Milly grace identifies Centella assiatica

Another group identifying other species.



Julius Ojok Apili in black suit discussing with Pamela the nurseon one specie while others were busy on other medicinal plants identification



A certain fresh Honey hawker was passing by but, Rehema did not allow him chance to disappear. She straight away selected one for Jenifer Davis to taste.



Going back to class from field identification

Inside the class with posters for comparisons

GRO hillis emon grass Eucalyptus. ATH Skin on the the misis 1UL Gray m Haemorroids Rhema

Introduces on ointment production. Three grou

Three groups were formed for practicals



Group 1 prepared Rheumatism Ointment



The finished product ready for packing



Group 2 on derma ointment

Final process for packing



Group 3 on Hemorrhoid ointment.

The finished product loading into the containers



Grain amaranth seeds introduction

Grain amaranth seeds pop



Technology 1, The Charcoal Fridge

Technology 2, The Solar Oven



Technology 3 on the Solar Drier

Technology 4 on the Tip Tap



Eng. Joseph explains concave reflecting surface Alternative box convex reflecting surface





The three packed products by Lira seminar



Variety packed and labeled by Rehema





White stones for preparation of Black stones

Inside glowing Charcoal for black stone



Measuring crude palm oil for soap production



Mix of Artemisia& neem for medicinal soap



Sodium Hydroxide solution preparation



Preparing the soap packing mould





Seeds and products package for participants

Anamed smartness and identity in T-shirts



The joy of participants in anamed uniform



The district Chairman issued the Certificates

ANAMED TRAINING PARTICIPANT'S NETWORK PHOTOS IN LIRA SEMINAR.

| Rehema Namyalo | Samuel Mundua | Steven Kabaseke | Anita |
|-----------------|--------------------|--------------------|------------------|
| Clovis Kabaseke | Sarah Northingtons | Syrus | Esther Ogwal |
| Francis Oringa | Musizi Gerald | Plaxad Bagengana | Bua Bob Jonathan |
| Micheal Sirali | Eng. Joseph Ogwal | Wilber Rwabuhemba. | Pamella |
| Lukwaya David | Akello Sissy | Philips Enyang | Molly Ongeng |

| With the second seco | Julius Ojok Apili | Jennifer Davis | Ocari Julius Peter Dyangcal |
|---|------------------------|--------------------|--------------------------------|
| Bahti Robert | Joyce Odongo | Akugizibwe Stephen | Jemima |
| Judith Akech | Agaba chrissy Mugabo | Moses Ongom | Deo Karegyesa |
| Adoch Margret Latigo | Rose Ojok | Kenneth Odur | Sengi Agaton |
| Allanyo Harriet | Akareut Marry Caroline | Margret Mogai | Kenja Thomas |

| Grace Oleke | Irene Clare Ogwara | Philip Sikhaile | Christine Awanyo |
|--------------------|--------------------|-------------------------|-------------------|
| Kagwa Kibinduka | Angom Kevin | Bwambale Robert | Milly Grace Ogwal |
| Betty Atyam | Mary Nyamuhunge | Mugenyi John Kayombo | Erifazi Bwambale |
| Dr. Hellen Nyilaki | | | |

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On the 26th March 2011, the seminar was officially closed by the District Chairman of **Alebtong District** as was promised by the District Chairman of Lira District.

Honorable **DK Odongo** was very much impressed with the report presented to him by the course leader **Mr. Clovis Kabaseke**.

The Chairman testified that the Anamed seminar in Lira has been the fulfillment of his dreams that provoked him earlier to take up a course in Organic agriculture which he is currently pursuing at Uganda Martyr's University.

He however, stressed that he is ready to support the extension of Anamed training in his district of Alebtong. He even further mentioned that; it is his duty to put forward in his council meeting for the district to allocate land for the permanent structural development of Anamed extension office and natural medicine research center where possible.

After his honorable speech, he then gave out the certificates and hand shook each and every participants to show his fatherly concern for the training.

Otherwise, the seminar was intensive, very nutritious to the participants; especially the Lira people since it was the first time Anamed has conducted such a training.

All the participants are very happy because they have been equipped with books, posters and sample seeds of rare species like Artemisia.

Greater blessings to **<u>Dr. Keith Lindsey</u>** and **Dr.Hans Martin** for the worthy rural health cause

Extended blessings to RHEMA Namyalo, Mr. SAMUEL Mundua and Mr. STEVEN Kabaseke for their precious commitments and facilitations.

Thanks to <u>Mr. CLOVIS kabaseke</u> on behalf of all knowledgeable participants who otherwise contributed valuable experience in the seminar.

This brief has been prepared by:

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