

# **Rural Communities**

URF believes in a holistic approach to community development, working with villagers to identify challenges and best diagnose them. Our efforts include the following:

- > Community Empowerment Conferencesfocused on entrepreneurship and business skills, modern farming practices, parenting skills, nutrition, sanitation and HIV/AIDS awareness.
- > Leadership Institute was established to promote visionary, ethical and accountable leadership as a catalyst for sustainable development.
- Clean Water: URF partnered with EWB at University of Minnesota to build a rain catchment system and an underground pump for water security for two schools and surrounding communities.
- A Medical Clinic was opened in 2011 to provide basic health care to students and the surrounding communities.
- > Six Medical Camps were conducted to test community members for HIV and provide basic health screening and treatment, and counseling to over 1,300 people.
- > Over 1,000 mosquito nets have been distributed in the fight against malaria
- > A Medical Van was purchased to transport emergency patients from remote villages to the hospital.
- > Village Health Workers were trained in collaboration with University of Minnesota medical students and a UK nurse.
- Solar power systems have been installed at Hope Academy and at the Orphanage through a partnership with EWB at Virginia Tech.
- > Youth Camps have benefited more than 400 youth through leadership and entrepreneurship training, career guidance, sports, community service, etc.
- > We built 140 Dry Stands to improve sanitation at child-headed households and homes for widows and the elderly.







To reduce dependence on donations, URF, in collaboration with students from College of St. Benedict / St. John's University, launched projects that can generate income locally in Uganda. These include:

project to launch with 30 pigs in January 2013. A welding facility will also be set up by FWR-VT in 2013.

Sustainability Projects

THANKS: We are deeply grateful to the over 200 local and international volunteers and countless donors who have generously given their time, skills, energy, as well as financial resources to make all the implementation of all these amazing programs possible.

### Ways you Can Help

Make a one-time or monthly donation to any of our projects
\$25: Monthly child sponsorship \$100: Semester child sponsorship
\$300: Annual child sponsorship \$150: Monthly salary for a Teacher
Volunteer in Uganda or from Home Make checks payable to Uganda Rural Fund
12829 River Road, Richmond, VA 23238 Or Donate Online: www.UgandaRuralFund.org





Highlight of URF Accomplishments, 2005 -2012. With your support,

# **URF Empowers...**



#### Students

Hope Academy opened in 2008 as a vocational secondary school and now has 175 students enrolled, 70% of whom are orphans. The After School program benefit 180 primary to high school students by offering tutoring and counseling services and sports, music and drama activities. Students receive further assistance with bicycle donations for those who live far from Hope Academy and solar lamps for those without electricity at home so they can study at night.

Recently, URF added 1,000 new textbooks to the Academy library, a benefit to both students and community members. Villagers were also welcome to join students at an I.T. Camp to learn basic computer skills. We added a dormitory to our campus, with \plans of constructing more buildings once funding is secured.

"My name is Naturinda Jerina. 18yrs, and I have completed S.4 this year. I would like to thank URF for the support rendered to me. Before I got support from URF, I was out of school because I lacked school fees (tuition) and scholastic materials. I'm now happy that URF helped me and I have been able to finish my S.4 and I'm looking forward to joining S.5 next year. The education I have received has made a change in my life and I now have a full hope of success in my future life. Long live URF and all the sponsors."



# Orphans & Children

Child-headed families consisting of 38 children receive educational sponsorship, household supplies, medical care and emotional support. URF also built four homes for child-headed families, and continues to plant vegetable gardens and give families animals to help generate income.

URF supports the Nazareth orphanage, providing shelter, health care and education to orphans. Recent projects include the boys' dormitory construction in 2009 and the installation of a solar power system by EWB at Virginia Tech.



## Women

Today, over 300 households benefit from URF's Women's Empowerment Workshops and 280 women are involved in our Village Banking Program, improving their lives with small loans for micro-enterprises.

URF initiated the Hand Craft Project that involved 56 women weaving and selling over 500 baskets. Other endeavors include the Seed Loans, Chicken and Piggery Projects, all of which are aimed at improving women's lives with income generation.

I'm Namatovu, 45yrs, a farmer and a member of URF women's project. One of the best decisions I have made in life is to join this project. I have been able to boost my income through making baskets, saving money in the village banking program, getting loans to boost my small business, increasing my food and selling productivity through the seed loan project. I was given a pig now I have seven pigs...... and I gave piglets to other women. I have acquired business skills through seminars and learned how to take care of my children. URF has also helped sponsor my child in school and next year she will be finishing high school. Thank you very much for making my life better!