

# **Title: HIV Prevention among women sex workers in the city of Goma (HPWSW)**

## **1. Overview and Background**

We know actually that women sex workers are among the most at risk population and especially in our country, this group of population is marginalized and they don't have access to information on methods to prevent HIV. A survey has shown that more than 80% of women sex workers don't use condoms during sexual intercourses and each one can do more than 3 sexual intercourses with more than 3 different sexual partners. HIV infection has become a real health problem worldwide and specifically in the Sub-Sahara, D.R.Congo being one of this region's countries. In Sub-Sahara region, 22.5 millions of people live with HIV (68%) among them there are 1.8 millions of people newly infected and 1.3 millions of death. There are 2.5 millions children living with HIV worldwide and more than 90% are living in Sub-Sahara region. Among all these children, more than 90% are infected by the mother to child transmission mode. Specifically in DRC, more people don't have access to ART and those who have access to it, don't benefit the current actualized protocol of PMTCT. Some continue using single dose of NVP; some continue stopping ARV after 1 week for mothers who continue breast feeding, etc.

That is why this program is very important and will allow overcome challenges and help health professionals and people having access to HIV prevention service.

## **2. Goal and Objectives**

**Goal:** To promote usage of condoms among women sex workers in Goma city. This will contribute to the UNAIDS goal: 0 new infections, 0 discriminations and 0 deaths from HIV infection.

**Objectives:**

- a. to identify 60 women sex workers in the city of Goma and regroup them in 3 taskforces for different parts of the city in 2 months.
- b. to hold 3 sessions of workshop with attendance of 20 women sex workers by session by 1 year and each session will lead to a leaders group representative.
- c. to create a taskforce leaders group among women sex workers who will inspire their colleagues for the habitually usage of condoms during sexual intercourses by 1 year.
- d. to collect and analyse data of the level of condoms usage among women sex workers in Goma during the workshop meetings by 1 year.

## **3. Activities and strategies**

### **a. Identifying women sex workers**

This will be the first activity of the project during the first 2 months. We have a pastor who usually meets with sex worker for a bible predication and we

will use this opportunity to meet them and invite them the workshop sessions. This identification will be done in 2 phases: first month 30 women and the second month 30 women. We will take women who have leadership character and with ability to gather and speak to others. **Each event will be attended by 60 women.**

#### **b. Holding 3 sessions of workshop**

Three sessions of workshops will be held and each workshop, for 2 days, will be scheduled with attendance of 20 women sex workers, 1 representative of HIV National Program-North Kivu Province representative and 4 people from AGIR ENSEMBLE among them 1 director of the workshop and 3 people as organizers and 3 presenters. Total number of participants: 28 by session. For 3 sessions: 84 participants.

#### **c. Creation of taskforces leadership groups**

After each workshop, we'll take a third day to launch the office representative for each part concerned and inspire them to meet each month to evaluate the degree of condoms usage and talk to themselves to improve the HIV prevention among them and to protect their clients. In total 3 groups will be created.

#### **d. Data collection and analysis**

During each session of workshop, a questionnaire survey will be distributed to the 20 women sex workers to know the level of condoms use among them and analysis will continue until the end of the project period. The findings of the survey will be available to them, to Agir Ensemble, PNMLS and will be published in an international conference on HIV/AIDS (may be ICASA, AIDS conferences, etc).

### **4. Outcomes-Expected results**

**Outcome1:** at the end of identification events, 60 women sex workers will be identified to attend workshops for HIV prevention and will play a role of leaders among others to increase condoms use level among sex workers in the city.

**Indicator1:** number of invited sex workers who accept to be part of the program. Tool: list of presence and commitment sheet.

**Indicator2:** number of invited sex workers who accept to play a role of leader among their colleagues and inspire them in using condoms during sex intercourses.

**Outcome2:** at the end of workshop, 80% of attendees will be convinced that this program is relevant to our population and will make commitment to continually use condoms to protect themselves and their clients.

**Indicator3:** number of people invited and who have attended 90% of the sessions. Tool: List of presence

**Indicator4:** number of people who attended 90% of the sessions and who signed conviction sheet for relevance of the program. Tools: List of presence and conviction sheet to be signed.

**Indicator5:** number of people who attended 90% of sessions and who made commitment to continually use condoms for HIV prevention. Tool: List of presence and commitment sheet to be signed.

**Outcome3:** At the end of the 1-day leadership creation events, 3 committees of leadership groups will be available to allow women sex workers meeting and discuss their problem and improvement of increasing the level of condoms use.

**Indicator6:** number of operational committees available.

**Indicator7:** number of sex workers who accept to meeting with others each month for discussion of improvement.

**Outcome4:** at the end of the project, 24 meetings will be held with their reports available; each committee will hold 8 meetings from 5<sup>th</sup> to 12<sup>th</sup> month of the project. We expect attendance of 30 people for each meeting.

**Indicator8:** number of meetings' reports available in 8 months. Tool: report and list of presence.

**Indicator9:** number of attendees to the meetings in 8 months. Tool: report and list of presence.

**Outcome5:** At the end of the program, a brochure (10 copies) will be published and sent to funders, PNMLS, Agir Ensemble and representative of sex workers containing the final report of the project and survey findings. We expect all the 60 women sex workers to participate to the survey.

**Indicator10:** number of sex workers who attend the workshops and who participate to the survey.

**Indicator11:** number of sex workers who attend the workshops and who signed the consent sheets.

**Indicator12:** number of final report copies available.

**NB: Long term impact: Changing behaviour, condoms use level will be increased and number of HIV new infection will decrease.**

## **5. Target:**

Women sex workers of the city of Goma, policymakers and stakeholders.

**6. Duration of the project:** The timeline for this project is 12 months. The project will begin 1 month after reception of the funds. The first and second months for identification events; the third and fourth months for the workshops and leadership groups creation, the consecutive following 8 months for meetings and sensitization of sex workers and the 12<sup>th</sup> month for general evaluation and final report.

## **7. Location of the project.**

The activities of this project will take place in the city of Goma, east of the Democratic Republic of Congo (DRC).

## **8. Work plan**

-First and second months: preparation and identification of women sex workers for the workshops.

-From third to fourth month: activities of workshops and leadership groups creation.

-From 5<sup>th</sup> to 12<sup>th</sup> month: women sex workers meetings and sensitization to condoms usage.

-Twelfth month: writing report, final general evaluation and final report, confection of a brochure of the final report and survey findings.

## **9. Monitoring plan**

This project will be monitored in 4 phases: 1 phase for each 3 months activity.

-First session: this session will be focused on activities of the first quarter.

-Second session: will be focused on activities of the second quarter.

-Third session: will be focused on activities of the third quarter.

-Fourth session: will be the general evaluation and will be focused on activities of the fourth quarter and will revised all activities of the project.

NB: For the general evaluation session, an expert of WHO/Goma will be invited as a counsellor to give his view point for the execution manner of the project.

In total, 4 sessions of evaluation will be held for this project.

## **10. Resources available**

Dr Mateus Kambale Sahani, a M.D and director of Health Department of Agir Ensemble have followed many training in HIV prevention, treatment and palliative care. He has done many research activities in HIV and some have been published in international HIV conference. He has attended ICASA 2011 conference in Addis Ababa and has acquired more skills and experience from Ethiopian women sex workers association in prevention of HIV. We want now to implement this experience in D.R. Congo in the habit of women sex workers.

## **11. Contact details**

- **Dr Mateus KAMBALE SAHANI**, Director of Health Department and Head of partners' relationship

Tel: +243 998625635 or +250 08884503

Email: [kambalesahani@yahoo.fr](mailto:kambalesahani@yahoo.fr) or [agirense@yahoo.fr](mailto:agirense@yahoo.fr)

- **Alphonse KAVWIRWA**, President of the Board of Directors

Tel: +243 998787688

Email: [aensemble@yahoo.fr](mailto:aensemble@yahoo.fr)

## 12. Logic model: summary table.

Objectives	Activities	Planned Output	Duration	Expected Outcome	Outcome indicators
To identify 60 women sex workers in the city of Goma who will attend workshops and regroup them in 3 taskforces for different parts of the city in 2 months.	1. Improving HIV Prevention methods among women sex workers by convincing them of the relevance of using condoms; gaining their commitment to sensitize their friend for adherence.	2 seances of identification events for 120 people to attend.	2 days	80% of 120 attendees will know the importance of this HIV prevention program and will make commitment to sensitize people to improve the adherence.	<b>Indicator1:</b> number of invited sex workers who accept to be part of the program. Tool: list of presence and commitment sheet. <b>Indicator2:</b> number of invited sex workers who accept to play a role of leader among their colleagues and inspire them in using condoms during sex intercourses.
	2. Preparing tools for these events and recruitment of participants.	120 copies of conviction sheets and 120 commitment sheets to prepare, lists of presence.	2 month	80% of attendees will follow the identification events successfully (list of presence for each session).	1. Number of people registered for the events and who attended 90% of sessions.
To hold 3 sessions of workshop with attendance of 20 women sex workers by session by 1 year.	1. Conducting 3 sessions of workshops as a training of sensitizers.	At the end of workshop, 80% of attendees will be convinced that this program is relevant to our population and will make commitment to continually use condoms to protect themselves and their clients.	12 months	At the end of workshop, 80% of attendees will be convinced that this program is relevant to our population and will make commitment to continually use condoms to protect themselves and their clients.	<b>Indicator3:</b> number of people invited and who have attended 90% of the sessions. Tool: List of presence <b>Indicator4:</b> number of people who attended 90% of the sessions and who signed conviction sheet for relevance of the program. Tools: List of presence and conviction sheet to be signed. <b>Indicator5:</b> number of people who attended 90% of sessions and who made commitment to continually use condoms for HIV prevention. Tool: List of presence and commitment sheet to be signed.
	2. Preparing tools for workshops and report and providing materials.	60 sheets for sensitizers, 60 commitment sheets	12 months	60 women sex workers will have access to HIV prevention service.	Number of women sex workers who have made commitments for the program.

To create a taskforce leaders group among women sex workers who will inspire their colleagues for the habitually usage of condoms during sexual intercourses by 1 year.	1. Creation of 3 leaders committees in different parts of the city of Goma to sensitize others for condoms use.	3 seances of leadership creation event for 60 people to attend.	3 days	At the end of the 1-day leadership creation events, 3 committees of leadership groups will be available to allow women sex workers meeting and discuss their problem and improvement of increasing the level of condoms use.	<b>Indicator6:</b> number of operational committees available. <b>Indicator7:</b> number of sex workers who accept to meeting with others each month for discussion of improvement.
	2. Preparing tools for the events.	60 copies of conviction sheets and 60 commitment sheets to prepare, lists of presence.	2 month	80% of attendees will follow the events successfully (list of presence for each session).	1. Number of people registered for the events and who attended 90% of sessions.
To create a taskforce leaders group among women sex workers who will inspire their colleagues for the habitually usage of condoms during sexual intercourses by 1 year.	1. Holding 8 meetings for sensitization of other women sex workers.	240 women sex workers will get the message of sensitization by their leaders and they will exchange experiences for improvement.	8 months	At the end of the project, 24 meetings will be held with their reports available; each committee will hold 8 meetings from 5 <sup>th</sup> to 12 <sup>th</sup> month of the project. We expect attendance of 30 people for each meeting.	<b>Indicator8:</b> number of meetings' reports available in 8 months. Tool: report and list of presence. <b>Indicator9:</b> number of attendees to the meetings in 8 months. Tool: report and list of presence.
	2. Preparing tools for meetings and report and providing materials.	240 sheets for sensitizers, 240 commitment sheets.	8 months	240 women to attend and have access to the message and experience exchange.	Number of women who attend the sessions.
To collect and analyse data of the level of condoms usage among women sex workers in Goma during the workshop meetings by 1 year.	1. Holding 3 workshop sessions for women sex workers and survey on level of condoms use among women sex workers.	60 women sex workers will participate in the survey for data collection and analysis.	12 months	At the end of the program, a brochure (10 copies) will be published and sent to funders, PNMLS, Agir Ensemble and representative of sex workers containing the final report of the project and survey findings. We expect all the 60 women sex workers to participate to the survey.	<b>Indicator10:</b> number of sex workers who attend the workshops and who participate to the survey. <b>Indicator11:</b> number of sex workers who attend the workshops and who signed the consent sheets. <b>Indicator12:</b> number of final report copies available.
	2. Preparing tools for data collection and analysis and providing materials.	60 questionnaire sheets, 60 commitment sheets, setups providing.	12 months	60 women to attend and will participate to the program	Number of women who attend the workshop sessions.

**NB: Long term impact: Changing behaviour, condoms use level will be increased and number of HIV new infection will decrease.**

**13. Budget of the project.**

Total budget: 89,030\$ US (**solicited: 88,790\$** and local participation: 240\$)

**Detailed budget of the project**

All figures are in \$ US.

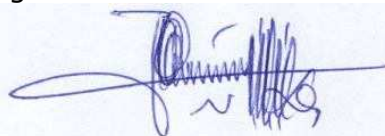
<b>I – Identification</b>	
Title of the project :	
<b>HIV Prevention among women sex workers in the city of Goma (HPWSW).</b>	
Devise: <b><i>Currency used in the accountability of the institution.</i></b>	
Dollars US	
Duration of the project: <b>12 months.</b>	
<b>II – Proposed Budget in US (\$).</b>	
<b>Budgetary lines</b>	<b>Montant</b>
<b>Personal-administration</b>	
1. Project manager: 800\$/month, x 12 months =	9600
2. Secretary: 400\$/month, x 12 months =	4800
3. Logistician: 500\$/month, x 12 months =	6000
4. Accountant: 500\$/month, x 12 months =	6000
<b>Total – Personal</b>	<b>26 400</b>
<b>Experts-councillors</b>	
The experts-advisers give specialized professional advice and are usually paid by the act. Payments in the experts-advisers include all the spending connected with the services supplied by them for a precise activity of the project. Here, the expert of the WHO for the evaluation and monitoring.	
1. Transport fees + honorary : 150\$/ session, 150 x 4 sessions =	600
<b>Potential Source: WHO Goma.</b>	
<b>Total – Experts-councillors</b>	<b>600</b>
<b>Identification events: 20 women/session, 1 pastor, 3 frames from AE</b>	
Pastor transport and prime: 100\$/day, x 1 day x 3 sessions =	300
Transport and presentation prime: 100\$/pers/session, x 3pers x 3sessions	900
Transport for attendees: 20\$/person/session, x 20 x 3 sessions =	1200
Cocktail for 64 people: 900\$/session, x 2 sessions = 1800\$	1800
Tools Kit for participants: 150\$/session, x 3 sessions = 450\$	450
Transport kit materials: 100\$/session, x 3 sessions = 300\$	300

<b>Total-Identification:</b>	<b>4 950</b>
<b>Equipments required for the execution of the project</b>	
1. One lap-top: 750\$	750
2. One black & white printer: 250	250
3. Retro projector LCD (for workshop): 1500\$	1500
4. One black cartridge/month, for 12 months 12 cartridges, 90 x 12 =	1080
5. Power Generator (1): 500	500
6. Fuel for Power Generator, 1500\$	1500
7. Papers: 500	500
8. One colour printer: 400\$	400
9. One colour cartridge/month, for 12 months 12 cartridges, 120 x 12 =	1440
<b>Total – Equipment</b>	<b>7 920</b>
<b>Workshop sessions:</b>	
There will be 20 participants, 3 presenters, 1 moderator, organizing committee of 3 persons.	
1. Presenters : 100\$/ day /person, 100 x 3pers x 2 days =	600
2. Participants (Transport) : 20\$ /day / pers, 20\$ x 20 pers x 2 days =	800
3. Lunch and breakfast for 28 persons : 550\$ / day, x 2 days =	1100
4. Tools kits for participants and presenters: blocs-notes, pens, envelops, Bristol papers, etc.	300
5. Transport of the kit materials for presentation and participants	150
6. Rent of the meeting room: 200\$/ day, x 2 days =	400
7. Moderator: 100\$/ day/ person, 100 x 1 person x 2 days =	200
8. Organizing committee (3 persons), 80\$ x 3 persons x 2 days =	480
9. T-shirts: 25\$/piece, 25 x 30 = 750	750
10. Bag for workshop: 20\$/piece, 20 x 30 = 600	600
<b>Total– Workshop session</b>	<b>5 380</b>
<b>Total for 3 workshops: 5 380 x 3 = 16 140</b>	<b>16 140</b>
<b>Creation of leadership groups (committees):</b> 20 attendees, 2 presenters, 1 moderator, 3 organizers	



1. Presenters : 100\$/ day /person, 100 x 2pers x 1 days =	200
2. Participants (Transport) : 20\$ /day / pers, 20\$ x 20 pers x 1 day =	400
3. Lunch and breakfast for 28 persons : 550\$ / day, x 1 day =	550
4. Tools kits for participants and presenters: blocs-notes, pens, envelops, Bristol papers, etc.	200
5. Transport of the kit materials for presentation and participants	150
6. Rent of the meeting room: 200\$/ day, x 1 day =	200
7. Moderator: 100\$/ day/ person, 100 x 1 person x 1 day =	100
8. Organizing committee (3 persons), 80\$ x 3 persons x 1 day =	240
<b>Total - Creation of leadership group</b>	<b>2 040</b>
<b>Total for 3 sessions: 2040 x 3 = 6120\$</b>	<b>6 120</b>
<b>Meetings of sex workers for improvement</b>	
1. Moderators of the meetings from Agir Ensemble: 100\$ x 2 x 1 day	200
2. Organizers of the meetings (3): 50\$ x 3 x 1 day =	150
3. Transport of participants: 20\$ x 30 x 1 day =	600
4. Cocktail for 35 people: 700\$	700
5. Rent of the meeting room: 200\$/day	200
6. Tools for sensitization: 200\$	200
7. Transport of tools for sensitization: 100\$	100
<b>Total-Meeting: 1 690\$</b>	<b>2 150</b>
<b>Total for 8 meetings: 2150 x 8 = 17 200\$</b>	<b>17 200</b>
<b>Data collection and analysis</b>	
1. Setup and installation-EPI INFO: 80\$	80
2. Analysis of data: 500\$	500
3. Consultant for review of data analysis: 400\$	400
4. Writing final report and survey findings: 150\$	150
5. Papers: 20 packs, 10\$ x 20 = 200	200
6. Markers pens: 30\$	30
7. Flipcharts: 10, 5\$ x 10 = 50	50
8. Reliure: 10 copies, 100\$	100

<b>Total- Data collection and analysis</b>	<b>1 310</b>
<b>Monitoring &amp; Evaluation: 4 sessions</b>	
1. Transport: 50\$ x 5 persons x 4 sessions =	1000
2. Cocktail during meetings: 200\$/sessions x 4 sessions =	800
3. Meeting room: 150\$/sessions, x 4 sessions =	600
4. Tools and resources for the meetings: 100\$/meeting, x 4 =	400
5. Papers and pens: 300\$	300
6. Transport for tools and resources: 150\$	150
<b>Total- Monitoring &amp; Evaluation</b>	<b>3 250</b>
<b>Indirect costs of the project</b>	
Includes the expenses of administration which are not directly connected with the activities of training (and raising awareness (sensitization)). These expenses can include the assistant in office work, accounting (accounts department) or secretarial department (secretariat), the general spending of office, the rent and the expenses of communications.	
1. Unforeseen spending : 2500	2500
2. Rent for the coordinating office: 100\$/month, 100 x 12 months = NB: We need a coordinating office for the project because our office is very small and will not allow to abrit this project.	1200
3. Communication fees (for the office permanent agents): 100\$/month, x 12 months =	1200
4. Invoice of electricity and water (for the office): 20\$/ month, 20 x 12 =	240 LP
<b>Total – indirects costs</b>	<b>5 140</b>
<b>Total amount USD :</b>	<b>89 030\$</b>
<b>Solicited Amount in USD: 88 790.</b>	
<b>Locale Participation in USD: 240.</b>	
<b>III. Official Demand</b>	
We guarantee by the present that this budgetary proposition and all the detailed budgetary forms which are joined to it reflect correctly and fairly the financial plan of the proposed project and more exactly the party for which we ask for the support.	

Made by <b>Dr Mateus KAMBALE SAHANI, M.D.</b> <b>AGIR ENSEMBLE/DRC.</b>	Signature 
Titre du demandeur principal : <b>Docteur (MEDECIN)</b>	

### **Budget Justification**

A little clarification for some budgetary line is necessary.

We hope that this budget is reasonable regarding activities planned. Renting a bureau for management of the project is very required because our usual office is smaller and could not allow this kind of activities. A laptop and retro-projector LCD are required because the presentations for workshops and scientific programs, meetings and evaluation sessions will be done by Power Point with projection. Printer is also necessary to allow the coordinating office to prepare and print all tools for workshops, meetings, reports, scientific programs and brochure and reports. For this project we need a black-white printer for printing documents. A permanent team (4 persons) for the management of the grant is also important to plan and coordinate all activities. All required documents: survey, commitment sheets, reports, PPT, announcement, lists of presence and materials of workshops will be prepared by the coordinator team defined above. The recruitment process for speakers, attendees will be processed also by this team. All these activities will be linked to their monthly dues as defined above in the budget table.

Done in Goma, October 10<sup>th</sup>, 2012.

**Mateus Kambale Sahani, M.D.**

**HEALTH DEPARTMENT**

**AGIR ENSEMBLE/DRC.**