

change lives

- Accountability and transparency to ensure credibility
- Openness to feedback and ideas to ensure we are creative and innovative
- Quality, excellence and the continuous improvement of services to deliver high impact and cost effective support for our stakeholders
- Stakeholder participation, as community-based solutions are the key to our success.

OUR FOCUS

IHOPE International Foundation is founded on the platform of the following objectives;

- To aid in the fight against the prevalence of pandemics such as HIV/AIDS and other diseases in the rural communities of Migori, Kenya.
- To improve education regarding reproductive health and HIV/AIDS awareness in youths (both in and out of school) by advocating for healthy choices through School Based Integrated Health (SBIH) programs.
- To sensitize and educate local artisanal gold miners on the effect of mercury and their health through awareness creation and trainings.
- To promote clean water and sanitation programs within rural communities.
- To uphold and promote the rights of the Orphaned and Vulnerable Children's (OVCs) access to quality education through sponsorship.

OUR PROGRAMS

1. Reproductive health and HIV/AIDS awareness



Reproductive health is a major concern for young adults. Primary causes of this are earlier sexual maturation and earlier marriage, leading to an

increased period of risk for non-marital pregnancy. HIV infection is the most recent and serious addition to the array of Sexually Transmitted Diseases (STDs) common in this age group.

IHOPE International Foundation is working closely with rural

schools to educate students on behavioral change, the dangers of early pregnancies, life skills, and safe-sex practices, such as the ABC mode of HIV/AIDS transmission. Our hope is to aid in the prevention of HIV by providing youths with healthy choices. Furthermore, relaying the importance of communication between parents and their adolescent children regarding these issues is an important focus of our educational program and promotional campaign.

IHOPE International Foundation has established (and supports) health clubs in schools/colleges to provide the opportunity for students to share their ideas and concerns regarding healthy choices on reproductive health and HIV/AIDS. We also ensure a steady supply of condoms to this target group by making them accessible while considering privacy and discretion.

2. Prevention of Parent to Child Transmission (PPCT)

More than 90% of pediatric HIV infections result from parent to child transmission. In the absence of interventions, the risk of HIV transmission remains 15-30% in non-breast feeding population and 20-45% in those practicing prolonged breastfeeding without PPCT.

IHOPE International Foundation has implemented initiatives aimed at assisting pregnant mothers as early as possible to prevent transmission. Through the help of community health workers (CHWs), the IHOPE International Foundation continues to empower mothers to attend pre-natal and PPCT care early in the first trimester. In addition, we believe in encouraging men to be actively involved in PPCT to enhance adherence and to ensure safe obstetric practices through facilitated community health workers (CHWs) and traditional birth attendants (TBAs)

IHOPE International Foundation empowers mothers to plan their families by offering family planning options while educating women of reproductive age how to remain HIV negative through the promotion of HIV preventive measures and youth friendly clinics.

3. Mercury and Workers Health Program

Gold mining in the Migori region has been ignorant towards the safety practices and the risks imposed on workers by not offering adequate information and education of these issues for the mining population. The process of gold mining in this region involves the use of mercury to extract gold particles from the earth. However, mercury is highly toxic.



Mercury attacks the central nervous system which can result in tremors, twitching, memory loss, brain damage, or other neurological and behavioral disorders. It can also damage the kidneys and the lungs. Mercury is particularly harmful to children and can cause developmental problems, irreversible brain damage and even death. Statistics have shown that millions of adult and child artisanal gold miners around the world are exposed to mercury poisoning every day. IHOPE International Foundation is working closely with mining communities in the Migori region by improving safety, health and environment (SHE) interventions to prevent mercury exposure to the artisanal gold miners by giving and encouraging frequent, consistent use of personal protective equipment (PPEs).

We organize training sessions to sensitize and educate the mining populations on the dangers of mercury and how it affects their health. We emphasize this especially for the health of vulnerable populations, such as women of child bearing age and women who are breast feeding, by providing healthy alternatives. IHOPE employs a participatory approach by working with the mining Savings and Credit Cooperative Societies (SACCOs) and women populations along these communities to ensure inclusiveness in implementation.



4. Water and Sanitation programs

IHOPE International Foundation is promoting healthy hygiene practices through their water sanitation and hydration program (WASH). This initiative aims to strengthen the capacities



of relevant local districts and community stakeholders to perform their role in community water and sanitation service delivery management. Furthermore, we hope to educate CHWs with appropriate

knowledge and skills on water and sanitation as these are the individuals who transfer their skills to a wide reach of community members.

5. Education Programs - OVCs support/IHOPE Fellows Programme



IHOPE International Foundation believes that each child is unique and that children can perpetuate the future. Our objective is to help each child we support to achieve their full potential in life through access to

good primary and secondary education in their communities and, where possible, to go on to university or other tertiary education.

Our work is to contribute to the education of children, especially girls, in this community, as girls are traditionally disadvantaged and not given the opportunity of access to quality education.



6. Volunteer Program

Through partnership with other organizations we have designed a volunteering program in Kenya which can provide you with the opportunity to explore this beautiful country while facilitating change and creating empowerment within its people.

Participating in this volunteer program with IHOPE International Foundation provides tremendous opportunities for volunteers to experience new opportunities by immersing into a new culture and using their skills and expertise to contribute to the communities in need of health outreach promotion education. This program equips you with an opportunity to



share your knowledge, time, skills and talents with community members in hopes of making a positive health impact on underserved populations.

OUR STRATEGY

- We work closely with the Community Health Workers on

dissemination of health related information and by extension service delivery as per the Kenya Essential Package on Health Services (KEPHs)

- We partner with local schools and local provincial administration structures to educate the community on matters of health like WATSAN, RH/AIDS
- We work together with Mining SACCOS/Groups and relevant Ministries like National Environmental Management Authority (N.E.M.A)
- We work closely with Community Health Workers and School Management on identification and selection of IHOPE Fellows for scholarship opportunities.

OUR PARTNERS

- Memorial University of Newfoundland Health Outreach Promotion and Education (MUNhope), CANADA
- Ministry of Health, Kenya
- National Environmental Management Authority
- United for Education and Sustainable Futures, Australia
- Network for Adolescent and Youth of Africa-Kenya Chapter
- I-Care under Afri-Can Trust



OUR CONTACTS:

Canada Office

8615 96 Ave

Fort St. John, British Columbia

V1J 4X9

Migori, Kenya Office

Cosade Flats, Government Road, Opposite Migori Show Ground

1st Floor Left Wing Room 2

P.o Box 732-40400, Migori, Kenya

+254700834913/+254720734146

SOCIAL MEDIA

Web site: www.ihopefoundation.org

E-Mail: info@ihopefoundation.org

Twitter: [IHope_f](https://twitter.com/IHope_f)

FaceBook: www.facebook.com/IHopefoundation



BACKGROUND

IHOPE International Foundation is an organization in Canada operating as the IHOPE International Foundation in Migori, Kenya. We are a Community Based Organization with the Ministry of Gender, Children & Social Development in Kenya. The work of IHOPE International Foundation focuses on hard-to-reach and most-at-risk populations. Our services reach orphaned and vulnerable children, youth, low-income communities and the general public to improve their quality of life through responsive and innovative health programming, service delivery and capacity building in Canada and Kenya. Through key partnerships in the IHOPE International Foundation's network we function on local, national and international levels to improve the quality of our services and expand the range of our interventions.

We continually strive towards building sustainable partnerships with other stakeholders interested in improving the quality of health and education within rural communities.

OUR VISION

The vision of IHOPE International Foundation is to Improve Rural Health.

OUR MISSION

IHOPE International Foundation is an organization working with underserved communities to improve the quality of life for at risk populations through responsive and innovative health programming, service delivery and capacity building in both Canada and Kenya.

CORE VALUES

The IHOPE International Foundation has grounded core-values from which it is built:

- Service to the underprivileged to bring forth hope and