



Somaliland HelpAge Organization (SOMHO)

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SOMHO ROFILE

Introduction

Somaliland Help Age Organization (SOMHO) is one of a volunteer organisation in Hargeisa meanwhile there is no other organization or NGO, which is currently operational besides same profile as SOMHO in terms of job creation, training, fighting hunger and community developments.

SOMHO was founded in 1st February 2015; in addition to we successfully implement voluntary free health care programs but this is our first project in terms of feeding: SOMHO was initially set up with the principle of being learning organization and to address the needs of poor communities and marginalized groups in Somaliland. Thus it has gained organizational experiences, notably skills at different organizational levels (Individual and organizational culture); knowledge based expertise on the national context. Particularly in designing development programs; vested knowledge on helping poor elder people in the community in Somaliland. SOMHO is introducing and engaging in partnership based programs with different donors and stakeholders, it has incorporated that following in different goals at different times.

SOMHO used to design plan implement in relation to its pre-set procedures; managerial control mechanisms, it decided to work through its beneficiaries in all project management cycle stages. The instigation of development interventions in response to disturbed communal livelihoods, require grassroots participation.

Therefore, SOMHO is going to recognize and adopt an operational policy to involve beneficiaries in the designing, planning, implementation, and the M & E of its projects. Along with, the recipients' participation, in the projects management cycle, stands for new organizational cultural values.

SOMHO is currently operational in Hargeisa and will continue its operations throughout Somaliland regions. SOMHO has it's headquarter in HARGEISA then plans to extend establishing five sub offices in BURAO, LASANOD, BERBERA, GABILEY and BORAMA.

Our vision

- ✓ We believe that security of income and health, physical safety, and freedom from discrimination in old age are attainable goals, even in the poorest countries.
- ✓ We have a vision a Somaliland in which older women and older men everywhere can lead dignified, healthy and secure lives as they grow older, and can say:
 - I am given the help and information I want in emergencies
 - I have the income I need, and enjoy the best possible health and care
 - My voice is heard by decision makers
 - I am safe and secure, free from all forms of discrimination, violence and abuse

Mission

- ✓ Working togetherness for socio- economic development to the target societies through the strengthening their capacity and the implementation of the programs and humanitarian and protection interventions with participatory approach to all levels of community to defeat poverty, ignorance and reach prosperous with stability and protective environment.
- ✓ We work to make the voices of older people heard. All of our work comes back to four key areas
 - ❖ Reducing poverty
 - ❖ Improving health
 - ❖ Protecting rights
 - ❖ Responding to emergencies
 - ❖ Feeding old Age poor people and their family
 - ❖ Caring health old Age poor people
 - ❖ Education

Goal

- ✓ To ensure that human rights of all persons are secure of in their enjoyment of their goods and freedoms that are necessary in dignified living.

Core Values

- a) Accountably and Transparency
- b) Human rights
- c) Responsibility
- d) Confidentiality
- e) Respect for others
- f) Commitment and trust ship
- g) Networking
- h) Performance and team working
- i) Peace culture and pluralism
- j) Serving the people in equal approach in line with our Organizational slogans.
- k) Mutual respect and partnership with the development humanitarian actors' include human rights and media groups (Agencies).

Objectives:

- ✓ To base on Somaliland cultural and traditional art institute (Recourse Centre) which is a focal point for the community initiatives in the fields of peace promotion and integration of community development projects.
- ✓ To promote income generating activities and create vocational skills for Old Age women and men, and IDPs to become self sufficient and reduce the level of poverty living.
- ✓ To Improve The Critical Situation Of The Old Age People In Generally Somaliland Their Needs And Their Health.
- ✓ To improve the rights of Old Ages focusing on the issues.

- ✓ To encourage the community for sustainable development and mobilize among them awareness on HIV/Aids. To promote internal discussions among human rights activists, on the work of media and journalists toward contribute to national heal and development.
- ✓ We will respond to humanitarian emergencies to ensure that older people's needs are addressed, through our own response, and by influencing others.
- ✓ We will support programmers that enable older people to work together to improve their income and health, to support each other, and to have their voice heard, improving the income and health of older women and men equally.
- ✓ We will support programmers that influence governments in low and middle-income countries to meet the needs of the most vulnerable older people, focusing on pensions, non-communicable diseases, care and dementia.

We do this by:

1. Raising awareness of ageing and development in the Somaliland
2. Raising funds for the development and emergency relief work of International
3. Carrying out policy and influencing work in the Somaliland to change policies for
4. Older people in low and middle-income countrie

The Pact primary focuses are:

- ❖ Humanitarian Emergency Assistance
- ❖ Community Awareness
- ❖ Water and Sanitation
- ❖ Adult Education/Literacy and numeracy
- ❖ Providing training Good Governance, Leadership, Conflict resolution and peace building.
- ❖ Food distribution
- ❖ Agricultural infrastructure and livestock
- ❖ Vocational skills trainings and create employment opportunities
- ❖ Protection/Human rights/ Old Age women and men protection
- ❖ Health services

SOMHO Governance:

SOMHO Somaliland has defined structure including General Assembly, Board of Directors and Executive Committee.

The structure determines chain of command and hierarchy of responsibility within SOMHO.

The general assembly is the highest decision making organ approving policies and reviewing achievement and plans.

The Board of directors (B.O.D.) is the planning and policy making body of the organization which controlling and approving the all activities by the Executive Committee.

The Executive Director is the head of executive committee that is responsible for the implementation of the programs and daily management activities.

Organizational type:

- Non governmental
- Non partisan
- Non religious
- Non racial
- Nonprofits making
- Non political

Work Principles:

- Optimistic
- Patience
- Justice
- Equality
- Respect for human rights
- Democracy

SOMHO Human Resource: -

SOMHO Somaliland has access for all skilled and experienced professionals who have capacity and competent to involve all the desired activities that promotes the Goal and Objectives of the Institution.

The professional Staff of Management whom periodically review their activities to appraise and provide Them Human resource development trainings on the job trainings and technical assistance to undertake systematically

their duties and responsibilities among them awareness on HIV/Aids.SOMHO has also technical consultants of Engineering, Designing, and Planning etc.

Objectives

- ✓ The project has the following objectives:
- ✓ To improve the current poor living conditions of old aged women and men in Somaliland.
- ✓ To care for the old aged people deprived of son/daughter help.
- ✓ To provide food for needed elder women and men in Somaliland.
- ✓ To support and help needy people especially elder members.
- ✓ To relent for people suffered by age and weakness and have no access to enough basic services

ORGANIZATIONAL THEMATIC/ACTIVITY AREAS

THEMATIC AERA 1.ADVOCACY AND LOBBYING

Objective 1.To creates awareness of challenges facing old age people in Somaliland.

Activities:

- ✓ Trainings and workshops for the community members
- ✓ Hold dialogues with the community and religious leaders
- ✓ Develop slogan/media messages
- ✓ IEC materials

Object 2.To lobby and advocate for old people policy development to decision makers in Somaliland.

Activities:

- ✓ Develop an advocacy and lobbying strategy
- ✓ Develop advocacy and lobbying action plan
- ✓ Develop advocacy and lobbying IEC material
- ✓ Holding meetings with members of parliament committee on social affairs
- ✓ Influence the mps to enact a bill on old age and discuss on the floor.

Objective 3.To influence MOLSA and other line ministries to develop a National Old age policy.

Activities:

- ✓ Partner with MOLSA on development of old age National policy
- ✓ Publicise the need for the old age National policy.
- ✓ Holding consultative meetings with other stakeholders.

THEMATIC AREA 2.HEALTH SERVICE PROVISION TO THE OLD AGE PEOPLE

Objective 1.To carries out diagnosis to the old age people who exhibit health challenges.

Activities:

- ✓ Hold a public clinic for old people.
- ✓ Advice on behavioral change life style caused diseases.

Objective 2.Finance medical care cost for those who are very poor.

Activities:

- ✓ Provide medical care for those found to be sick.
- ✓ Referral for serious medical complications.
- ✓ Provide medical equipment e.g. for eye sight problems-special glasses

Objective 3.To provide preliminary physical exercises for old aged people to prevent and control Non communicable diseases such as; Hypertension, Diabetes, Cardiovascular diseases, joints complications.

Activities:

- ✓ Physical exercises
- ✓ Training on how to keep fit
- ✓ Training on usage of appropriate foods

THEMATIC AREA 3.LIVELIHOOD FOR OLD AGE PEOPLE

Objective 1.To provides food to the poor old people.

Activities:

- ✓ Identify poor old people families

- ✓ Assess their food needs in terms of quantity and quality.
- ✓ Purchase food for them or give food vouchers

Objective 2.To provides clothing to the poor old people.

Activities:

- ✓ Identify poor old people families
- ✓ Assess their clothing needs in terms of quantity and sizes
- ✓ Purchase cloth for them or give cloth vouchers
- ✓

THEMATIC AREA 4.SHLETER, WATER AND SANITATION PROVISION

Objective 1.To provides shelter for the poor old age people.

Activities:

- ✓ Identify the poor old age families
- ✓ Assess their shelter needs
- ✓ Purchase building materials
- ✓ Construct the shelters for them
- ✓ Furnish their shelters

Objective 2.To provides clean water and sanitation to the poor old people's villages.

Activities:

- ✓ Identify the poor old age families
- ✓ Assess their water needs
- ✓ Identify where to dig a water boreholes
- ✓ Purchase construction materials
- ✓ Construct the bore holes for them.

THEMATIC AREA 5.EMPOWERMENT OF CLOSE FAMILY MEMBERS OF THE OLD AGE PEOPLE.

Objective 1.To provides vocation training to poor old age people family members to be able to fend for them.

Activities:

- ✓ Training women in tailoring,cookery,decoration,manicure/beautification skills.
- ✓ Train both men and women in small scale business skills
- ✓ Train men in capentry, masonary,painting

Objective 2.To identifies small scale businesses appropriate to family members' skills.

Activities:

- ✓ Identify businesses
- ✓ Allocate businesses according the family members abilities and knowledge.

Objective 3.To provides seed money for that family trained to start small scale businesses.

Activities:

- ✓ Identify families from those trained that can carry out businesses
- ✓ Sign a memorandum of understanding between the organization and the family members.
- ✓ Give out the seed money
- ✓ Monitor the progress of businesses.
- ✓ Collect the seed money given out.

SOMHO Ceremonial Announcement

This volunteer organization was established by Diaspora and local Somalilanders wanting to come to gather to respond to the urgent needs of the worsening situation of the Somaliland poor, vulnerable elders, who are unable to cover their needs in all over Somaliland regions. And to stand by for their help and support, and to provide basic services such as health, shelter, and making awareness.

08/14/2015 marks the day this organization was announced at **Masoor Hotel** and become the first of its being and participants from government authorities, social organizations, and religious leaders. It also focuses on helping other than the poor old aged the persons, the retired elders who don't have the basic human services: such as clean water, shelter, health and daily life foods. Civilians all of them appreciate to establishment of this organization in their homeland. They supported and highlighted to enhance serving to care poor elder people in Somaliland currently and in the future.



ACTIVITY 1

Sha,Ab Area Village:

Sha,ab area village live in many squirted/vulnerable community, retired elders whose don't have the basic human services of life such as clean water, shelter, health and daily life and isn't good proper sanitation environmentally . The people tell you when you make converse they don't get any human aid from the international NGO, S. This village is locating in 26 June district especially north west of Hargeisa group hospital the west side of the road. Some of retired elders tells you they were members of Somali national movement (SNM) and just live in hardship situation and still waiting care from their new generation and their government while others tells you shocked stories and they says to you all my family were died and I haven't children so I live with other peoples, If you observe there you can see all conditions around that context





ACTIVITY: 2

Kaydka biyaha village in hargeisa Somaliland

According Sha,ab area village the situation in this village there is same situation ,so that live in many squirted/vulnerable community, retired elders whose don't have the basic human services of life such as clean water, shelter, health and daily life and isn't good proper sanitation environmentally . The people tell you when you make converse they don't get any human aid from their government and the international NGO, S.

This village is occurs in ib.koodbur district especially western of water reservoir in Hargeisa. Some of retired elders tell you they were members of Somali national movement (SNM) and just live in hardship situation health problems some of them suffered from diabetes blood presser and still waiting care from their new generation and their government while others.



Activity: 3

Indian Line Village in Hargeisa

As usually Somaliland help age organization (**SOMHO**) makes direct visit and asses the circumstance of old aged people live some villages in Hargeisa, by making interview, observation and assessment with aged persons, circumstance and state of living.

India line village is one of the villages in Hargeisa city that SOMHO org make their third an assessment this village that live in many marginalized community, retired elders whose don't have the basic human services of life such as clean water, shelter, health and daily life and isn't good proper sanitation environmentally and don't have good latrines some of their children defecate on site environment.

During in this Assessment we interviewed many of this people most of them have improper sheltering for poor old people specially slams areas. Entire of this old aged people tells you they don't get any human aid from their government and the international NGO, S.

These are generalized as lack of health, nutrition, and caring services for these people, their physical, mental, social and spiritual

These are generalized as lack of health, nutrition, and caring services for these people, their physical, mental, social and spiritual well-being, ultimately lead to uncertain and frustrated life, if you observe there you can see all conditions around them



ACTIVITY: 4

State house Village in Hargeisa assessment

Team of research and assessment from SOMHO Organization were conducted an assessment at State House camp in Hargeisa Somaliland and its main purpose was to evaluate and observe the needs and situation live these house hold elder with the target group of this assessment were old age female and male that unable to get their daily life or its difficulty to get and poor state of housing.

After long interviewed and researched we familiarized that the condition of this camp live marginalized and poor state of wellbeing old aged peopled whose need urgent situation help.

Most of their needs we were recorded was basic services including daily life, water, and shelter ,poor environmental sanitation , overcrowded small shanties and hamlets lack of adequate toilets and wastes satiation that it may be break out diseases during rainy seasons.

At the end assessment we described the particular situation of the vulnerable elders in the community who need real hand help from government and non-governmental organizations in Somaliland



Activity5

Making artificial legs to the old aged people

On behalf of SOMHO Organization

We summit a requested to Somali Red Crescent Society (SRCS) in Hargeisa to collaborate how to make non-natural legs and hands fortunately

They accept our request and they help old aged people that were difficult to walk long because they lost their legs or hands that met physical problem



Activity 6

Jimacale resettlement village eidola ad-ha Muslim festival Meat Distribution

SOMHO and AL NAKHEEL Arab Emirates implemented to gather meat distribution at jimacaale village resettlement for eidola ad-ha Muslim festival around 230 elder house hold have benefit this Daily life of poor old aged families live in that village they need help



Interviewers



Cismaan Cige Yuusuf

He is one of the older peoples live in Hargeisa Especially behind Hargeisa General Hospital, Whose we interviewed and he told us he was one of the mujahidin, War in Somaliland national movements (SNM) And take part many operations independence War in Somaliland and mentioned he is disable with his leg. So far He claiming he isn't gets any support and help with his Enhance he specify his current problems such as economical, Healthy, shelter and clean water.

She is another person Live in this site
We are interviewed, she told us
Her family And relatives was dead
She has no any children,
Although she live with their neighborhood





Cismaan Cige Yusuf:

Was one of the old aged peopled both We helped them and when We interviewed in earlier assessment He told us he is disabling with his leg Finally succeeded to make artificial leg By Cooperating with red (SRCS).



Feedback for

Older people told us they left behind of community and they don't have anything;
They are live in small shanties and hamlets they are unwilling
Or they remain without access to services and potentially If they continue, without access to services,
Older people are at risk of being ignored



