



# SUKH Human Development Welfare Foundation (SHDWF)

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[www.sukhwelfare.org](http://www.sukhwelfare.org)

## **ANNUAL PROGRESS REPORT**

July 2010 to December 2013

International Volunteer Day, December 3, 2013

### **Best Social Worker Award**

National Council of Social Welfare Capital Administration & Development Division, Islamabad



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## GENERAL INFORMATION

<b>Projects:</b>	Micro Financing (for Working Women) Vocational Training Advocacy Campaign
<b>Location of the Project:</b>	Rawalpindi, Pakistan
<b>Sections of intercession:</b>	Women Empowerment to Skills, Women Rights
<b>Donors:</b>	Helping Hand, Mustafai Foundation, Patrons and Members
<b>Partner Organizations:</b>	Cavis Foundation
<b>Reporting Period:</b>	July 2010 to December 2013

**SUKH Foundation**  
*Progress Report, July 2010 to June 2011*

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# PROGRESS REPORT

## BACKGROUND & INTRODUCTION TO THE PROJECT

SUKH Human Development Welfare Foundation (SHDWF) is non-profitable organization under the Voluntary Social Welfare Agencies Ordinance 1961. SUKH Foundation, Rawalpindi was established on July 1st, 2007. SUKH means "Happiness", a dazzling line of light which draw attention to assorted questions of our society. It is a light of hope, growth, progress, development and evolution which averts the shadows of misery of life.



### Our Motto:

SUKH "Beginning of Change, the Development of Human through Capacity Building and Empowerment by technical training". The first duty of a human being is to assume the right functional relationship to society - more briefly, to find your real job, and do it.

### Motivation:

Facing the Ground Realities We don't accomplish anything in this world alone and happens is the result of the whole tapestry of one's life and all the weavings of individual threads from one to another that creates something.

### Vision:

*A step to move forward* This aim can be achieved by establishing a platform to teach young women through skill enhancement techniques in various fields such as:

- Dress Designing
- Embroidery
- Computer Training
- Beautician Courses
- Art Work, (ARI Work, Women Wedding Dress, Party Dress, Ari or hook embroidery).

### Mission:

- To enlighten the minor issues which affect the majority of community
- To bring change in general practices in health issues

### Foremost Objectives:

"In every community there is work to be done. In every nation, there are wounds to heal. In every heart there is the power to do it."

- Self Sustainability of Individuals;
- Welfare of Youth;
- Availability of Financial Assistance to the Hepatitis Victims;
- Provision of wheel chairs and allied accessories to physically impaired people;
- Expansion of home schools in community, provision of books and uniforms;
- Promote computer education among less privilege students;
- Develop a technical assistance, training capacity and impart vocational education on community level;
- Aware community about their legal and basic human rights;
- Aiming to provide shelter to old people;
- Share information horizontally, networking between other organizations doing similar work

## 2. DONORS

### a. Mustafai Foundation:



Mustafai Foundation (M.F) is an independent, broad based, not for profit, nonpartisan and non-governmental community welfare organization, registered on September 27, 1999 with headquarters at Islamabad, under Societies Registration Act XXI of 1860. It is operating in both urban and rural areas of Pakistan. Mustafai foundation is partner organization is a partner in Vocational Training project for household women.  
<http://www.mustafaifoundation.org/>

### b. Helping Hand

HHRD is a global humanitarian relief and development organization responding to human sufferings in emergency and disaster situations around the world. In addition to our emergency relief efforts in natural or manmade disasters, we also work on long term relief and development programs.

Helping Hand is partner in Micro Financing Project designed for working ladies and students.  
[http://www.helpinghandonline.org/Contact\\_Us.html](http://www.helpinghandonline.org/Contact_Us.html)



### 3. PROJECTS & PROJECT COMPONENTS

#### a. Micro Financing



The project is in collaboration with Helping Hand. Project aims to provide micro financing to deserving ladies who already have or want to have some source of income like tailoring, small retail shop etc.

#### b. Vocational Training Center



This project in collaboration with Mustafai Foundation aims to impart skills to household women so that they may become an earning hand to support their families. For the purpose a training and skill development center has been setup in Rawalpindi. Training session for 5 per person session is conducted for every quarter for a period of 3 months. Foundation has planned to open and operate similar kind of training centers in different areas of need to provide services to the deserving women in those areas.

### c. Advocacy

Foundation also under takes different awareness and advocacy seminars and workshops for awareness of women rights and violence against women and children. Foundation conduct campaigns in different areas with the help of different local partners.



### 4. BENEFICIARIES:

Working Women/Students/Household women

### 5. TARGET AREA:

Rawalpindi District

### 6. OVERALL PROGRESS

#### 1) Micro Financing Project

##### a) Short Term Loans – (HH)

During the period July 2010 to December 2013 Foundation has, in collaboration with Helping Hand, given a total amount of 21,79,000 to more than 154 deserving persons for setting up their businesses.

##### b) Women Economic Empowerment through Interest free Microfinance (WEEM) and Distribution of Business Materials Project

In this Women Economic Empowerment through Interest free Microfinance (WEEM) project material among women in Rawalpindi and suburbs were distributed to enable them to create a source of earning for their family. A total of 97 women were benefited from this project. During the ceremony Ms. Riffat, community representative, said that the package of rupees 20, 000 was not enough to start a new business and it would be difficult to repay the loan in ten installments even if someone succeeded in starting a business. She requested to either increase the loan size up to 30, 000 rupees or decrease the monthly installment to Rs 1,000 per month. So January 1<sup>st</sup> 2013 the community have increased amount of loan package of rupees 30,000 per client.



Mr. Wasim after brief introduction of the program explained the repayment schedule and said that anyone who repaid the loan according to the schedule will become eligible for securing another loan from this program. He also presented a number success stories from neighboring UCs and concluded that HHRD's Interest free microfinance aimed at empowering women of marginalized community through home based enterprise development. After completion of the agreement and receiving formats the business material was handed over to 38 women as per following details.



## 2) Vocational Training Center.

Foundation has conducted different training sessions during the last three years imparting sewing and tailoring skills to household women and female student of schools and colleges. Around 3 women have so far been imparted vocational skills. Most of these participants are the household women with poor financial position. Training aims to provide them opportunity to develop sources of their earning. Among the participants there were also female students, who will be using these skills to develop their own small business units relating to embroidery and tailoring etc. successful participants are also awarded with training completion certificates. Following are the details of such training sessions:



### a) Participation in Protest against Women Violence: Sukh Foundation together with other Civil Society Organizations Held Peaceful

Demonstration to Accelerate the Approval of Domestic Violence Bill and its Subsequent Implementation Citizens belonging to various walks of life, especially, social workers, house wives, media representatives, students, educators and lawyers jointly brought out a peaceful Picture demonstration demanding immediate approval of domestic violence bill from the National Assembly and the Senate here in Sukh, Tehsil Rawalpindi dated 26 February 2011.





## b) Poster Competition on Violence against Women



#### 4) Other Social Welfare Works:

##### Women Handiwork Boutiques:

Foundation undertakes exhibitions and boutiques of handicrafts by the poor household ladies for linking their work to the market so that their products may be advertised different industrial and other organizations. This would help them to market their products and sell them to make earnings for their family.

