



“A journey of thousand miles must begin with a first step-An initiative”

Contact information

Head Office

Bungalow No. D/35, Opposite NADRA Regional Head Office, Hamdard Housing Society, Airport road, Sukkur, Sindh (Province) Pakistan

Liaison Office

District Ghotki
Near Daharki Printing Press,
Cinema road, Daharki, District
Ghotki, Sindh (Province)

Liaison Office

District Shikarpur
Room No, 102, 1st Floor, Mari
Shopping Center, Old Saddar,
Shikarpur Sindh (Province)

Follow us

URL: www.pahelpak.org.pk
Email: info@pahelpak.org.pk
Phone: 92-71-5630092
Facebook: /pahel.pakistan
Twitter: @pahel_sindh

PAHEL Coverage



The area of operation of PAHEL is Pakistan but currently PAHEL exists in 09 districts of Northern Sindh. In these districts PAHEL is represented by its elected District Coordinator, Deputy District Coordinators and General Secretary of Human Rights Watch Groups. PAHEL has two liaison offices (Shikarpur and Ghotki)

Genesis:

PAHEL is a non-government, not for profit, non-religious/faith, non-sectarian organization. In 2009 AD, it was established by a group of senior male and female human rights activists consist on educationists, doctors, legal experts, technocrats, dynamic entrepreneurs, enthusiastic students and effervescent youth and it was registered under the Societies Act 1860.

The group believed in a Chinese proverb that “A journey of thousand miles must begin with first step” Hence an initiative for social movement in the society was taken by the group and founded an association called PAHEL (PAHEL is an Urdu word that means an initiative)

PAHEL was formed the advocacy of upraised and helpless women, to up lift their social standard equal to the male, provide basic health facilities without any discrimination of caste and creed, take practicable measures for the protection of environment and provide a healthy environment to the upcoming generation & to literate society, keeping in view that a literate mother can prove the best mother for up bringing their children that why focus women literacy on priority.

PAHEL believes in the poverty alleviation of marginalized and excluded masses through inclusive approach and providing them equal and preferably priority to build their capacity and develop their skills, provide micro-financing to the skilled hands to establish their source of livelihoods and income generation activities.

PAHEL has emerged as a leading right based organization in Northern Sindh. It is not only striving hard for the protection and promotion of human rights in region but also echoing the unheard voices.



Aims & Objectives:

PAHEL is overall intending following objectives through Sustainable Development of Rural Impoverished/Marginalized Communities, Emergency Response, Advocacy and Education for the for the Human Rights and Democratic System through;

- Human rights education, awareness, advocacy and campaigns for the protection and promotion of Human Rights and Democracy
- Capacity Building of Local CBO/NGOs on Human Rights Education & Democracy through the establishment of a “Resource Centre for Human Rights Education & Democracy”
- Good Governance through over sighting of government and non-government institutions as step towards transparency and accountability.
- Provide Legal Aid through the establishment of “Free Legal Advice Centre” and awareness raising on the legal rights
- Empowerment through the establishment of literacy and skill development centers, especially for women as to make them skilled through entrepreneurship to contribute in the house hold monthly budget and the poverty may alleviated. The skilled hand may also be supported through micro credit.
- Career counseling of youth through the establishment of centers, trainings and sessions in the colleges and universities
- Emergency and Early Recovery & Rehabilitation Response in the disaster affected areas in the following sectors:
 - a. Protection
 - b. Child Protections
 - c. Health
 - d. Water, Sanitation and Hygiene (WASH)
 - e. Restoration of Community Infrastructure
 - f. Restoration of livelihoods
 - g. Preparedness and Disaster Risk Reduction/DRM
- Campaign and Advocacy for the protection, preservation and promotion of culture, heritage and environment



Structure of PAHEL



Core Values:

- **Partners/communities**

PAHEL believes in sovereignty of and equity with the respect of rights without any discrimination on the basis of religion or race, caste or creed.

- **Owners/employees/supporters**

PAHEL believes ownership of its mission which is based on mutual trust, honesty, professionalism accountability and transparency.

- **Process**

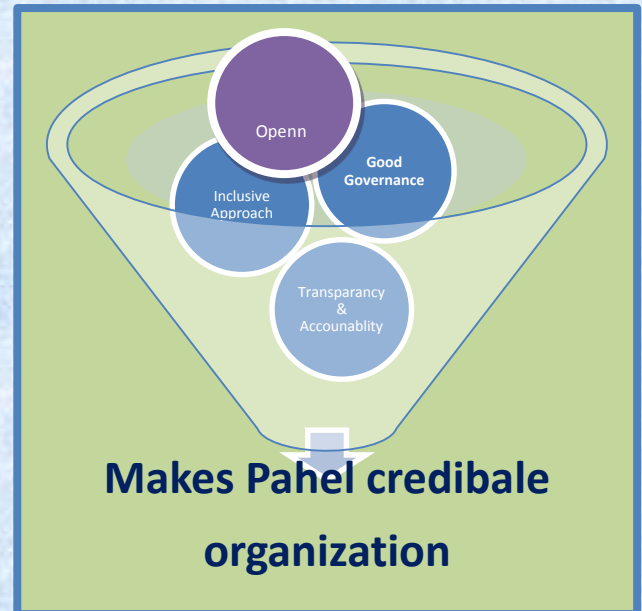
PAHEL believe in the process is based on an understanding of roles and responsibilities, which include accountability, ethnic impartiality and effective participation. Organization has its own policies and procedures for the better implementation

- **Improvement**

PAHEL believes in the creativity and innovation as the hallmark of all its efforts. Such innovations would be workable and remarkable and relevant.

- **Citizenship**

PAHEL believes that as a citizen of this country everyone should access their fundamental rights and discharge their obligation with same zeal and zest.



Vision & Mission:

Vision:

PAHEL envisions a democratically, culturally, socially, politically sustainable and self-reliant developed and vivacious society.



Mission:



Empowerment through inclusive approach for the socio-economically excluded through protection and promotion of their rights, echoing their unheard voices and enhancing their participation and representation in the social, economic, and political activities.



Core Programs:

- 1) **Human Rights and Democracy:** PAHEL aims at for the protection, promotion, education, Advocacy and awareness and Establishment of “Human Rights & Democracy Resource Center” For the Capacity Building of CBOs/NGOs/Youth Groups/Women Groups/College-University Students Groups/Transgender Groups
- 2) **Poverty Alleviation and Vocational Trainings, skills, Development and micro credit:** PAHEL aims at poverty alleviation through the establishment of vocational and skill development centers, form entrepreneur groups, provide them small scale micro-financing as to establish their own income generation activities in the same sector which they have been capacitated and trained.
- 3) **Good Governance:** PAHEL believes that there should be the designated role of civil society as to oversight the performance, activeness and responsiveness of the state institutions. PAHEL believes that the state institutions should be accountable at local and community level as provide them services transparently. In this purposes, PAHEL focuses RTE (Right To Education and RTH Right To Health)
- 4) **Education & literacy:** PAHEL believes that education is the remedial measure for the eradication of social unrest in the society. PAHEL treats education as social instrument/tool through which one can guide his/her destiny and brighten the future. In this purpose PAHEL aims at to strive for the closed government school, over sighting their service delivery and assurance of quality of education
- 5) **Emergency and Early Recovery & Rehabilitation Response in the disaster affected areas in the following sectors:**
 - a. Protection services, including CP and GBV
 - b. Health
 - c. Livelihood
 - d. Water, Sanitation & Hygiene (WASH)
 - e. Restoration of livelihoods and Community Infrastructure
 - f. Disaster Risk Reduction & DRM

Major Past Activities of PAHEL:

- ◆ Free Medical Camps
- ◆ Awareness' Programs
- ◆ Theater Programs
- ◆ Education Sessions.
- ◆ Research Studies.
- ◆ Case Studies
- ◆ Mobilizations
- ◆ Advocacy and Legal Aids
- ◆ Workshops
- ◆ Seminars
- ◆ Trainings
- ◆ Rallies
- ◆ Publications
- ◆ Capacity Building of CBOs
- ◆ Formation of Village Development Councils (VDCs)
- ◆ Formation of Environment Friends' Forum.
- ◆ Emergency/Relief & Early Recovery Response in flood-2010



Organizational Strengths of PAHEL:

PAHEL PAKISTAN has team of professional and experienced hands as team member. Beside that PAHEL PAKISTAN has organized trainings on “Project Management”, “Community Mobilization” and separate trainings for each sector as capacitate team members. Every team member has its own capacity to work in the following fields/sectors:

- 1) Human Rights Education (Campaign & Advocacy)
- 2) Protection Monitoring (General, CP & GBV)
- 3) Livelihoods
- 4) Water, Sanitation and Hygiene (WASH)
- 5) Education and Literacy
- 6) Legal Advices
- 7) Protection & Promotion of Culture & Heritage
- 8) Micro Credit
- 9) Environmental Protection
- 10) Nutrition
- 11) Health

Deedar Ahmed Mirani Chief Executive, PAHEL Pakistan

Current CE, Mr. Deedar Ahmed Mirani has over ten years of experience in leading development projects in the area of Protection, WASH, Food Security, Shelter, Education, Environment Protection and Health with strong and successful experience in community development, Monitoring and Evaluation and program documentation and budgeting. He is an expert planner, analyst, team leader with a proven track record in participative leadership and team building. He has effective communication skills and innovative when it comes to limited resources.



Policies, Procedures and Manuals

PAHEL has approved policies, procedures and manuals as to run the business of the organization. These policies and procedures are approved from BOD. Governing of policies is the key strength of PAHEL

PAHEL Pakistan Policies

- **Admin -Log & Procurement Policy**
- **Assets Handling Guidelines**
- **HR policy**
- **Financial Policy**
- **M&E Manual**
- **Micro-Credit Policy**
- **Complain Redress Mechanism**
- **Documents Retention Policy**



Past Projects & Activities

Title of project/shared Activity	Source	Services provided
Awareness on women rights	Ministry of Women Development Govt Sindh	formation of women groups, Awareness through sessions and public forums
Human Rights & Democracy	National Commission for Justice & Peace	Workshops, Debates programs
Emergency Response	National Commission for Justice & Peace	Distribution of NFIs/FIs to the IDPs of Super Flood
Mother & Child Health Care	Health Department, Govt of Sindh	Awareness on M&CH
Democracy and Democratic Culture	Centre for Human Right Education Lahore	Public forums
First Voter Education	Centre for Human Right Education Lahore	Training session with youth
Role of Youth in Free and Fair Electoral Process in Pakistan	Centre for Human Right Education Lahore	Speech competition
Implementation of new by-laws of Election Commission of Pakistan	Centre for Human Right Education Lahore	Dialogue with political parties
Role of community elders in Free and Fair Electoral Process	Centre for Human Right Education Lahore	Meeting with Community elders
Role of Media in Free & Fair Electoral Process	Centre for Human Right Education Lahore	Meetings with Journalist

Ongoing Projects/Activities with Donors:



Advocacy & Awareness:

Currently PAHEL Pakistan is implementing a **USAID** funded project “Strengthen Voice of Citizens of District Shikarpur for Raising Voice against Mal-Administration and Redress of Grievances”. The project is being implemented in the two districts of North Sindh, Shikarpur and Sukkur.



Human Rights & Democracy:

Democracy Support Councils:

Beside that PAHEL Pakistan in collaboration of **Center for Human Rights Education Pakistan** has formed Democracy Support Councils in the two divisions of North Sindh, Sukkur and Larkana. After a capacity building package of 3 days training, this council is working in their areas, carrying out democracy and human rights supported activities with the support of PAHEL and CHRE Pakistan.



Protection and promotion of Human Rights:

PAHEL under the funding of National Endowment Fund for Democracy-NED is implementing a project for the protection and promotion of Human Rights and Democracy in Northern part of Sindh province. Human Rights Watch Groups-HRWGs have been established in the Sukkur division in its 1st phase



Education & Literacy:

PAHEL has established a primary level school “PAHEL Model School” at village Waheed Siyal, UC Agra, Tehsil Gambat, District Khairpur. The school has been linked with Sindh Education Foundation in its PPRS project. Initially there are 155 children (boys and girls) which are receiving education there.



Role of Youth in equality and Peace:

Action 2015 campaign is to educate, inspire and mobilize youth to take actions that empower marginalized people especially, older people, women and socially excluded groups to collectively voice against the root causes of poverty, inequality, gender based injustices and climate change in Pakistan.

Ongoing Projects/Activities (PAHEL Private Funding)

PAHEL Private Funding:

Livelihoods

1. District Shikarpur:

a. Skill Training of 200 families/HHs on homestead Kitchen Gardening in District Shikarpur

b. Provision/Distribution of Vegetable Seeds and Tools to 200 families/HHs

c. Agriculture Management Skills Trainings (AMST) to 500 Tenants/Farmers

d. Livestock Management Skills Training (LMST) to 200 Women/HHs

e. Construction of One Hundred Fuel Efficient Stoves in 20 villages of District Shikarpur

Leading program of PAHEL

The leading program of PAHEL is:

“Promotion of Human rights, accountability of Government and preaching & tolerance in the society”

Such program is being implemented in the 04 districts Sukkur Division (Naoshehro Feroze, Khairpur, Sukkur and Ghotki) in year 2014-15 and 05 districts of Larkana Division (Larkana, Shikarpur, Qambar Shahdad Kot, Jacobabad and Kashmore Kandhkot) in year 2015-16 with the financial assistance of National Endowment Fund for Democracy-NED.

Under this program, Human Rights Watch Groups (HRWGs) are being formed in the each district which are comprises on 25-30 male/female/transgender youth. The groups are capacitated through 3 days training workshop for each group, focusing Human Rights and Democracy. On the 3rd day of the training the group elects their representatives as lead the group and elect District Coordinator, Deputy District Coordinator and General Secretary of group. Beside that a Plan of Action is developed which forward plan for putting the learning of the training into practice. After receiving training, the volunteer youth activists are playing their role as human rights defenders and promoters in their respective districts.

PAHEL has been conducting 5 days training workshop on interactive theatre for the interested members of HRWGs and after receiving training on theatre, they are performing theatre plays among such communities who have low literacy. They raise local issues of human rights and government performance through these theater performance.

PAHEL has been conducting various awareness and accountability programs like celebration of international days, echoing voice of unheard victims, responding human rights situations through walks, rallies, lecture, forums, seminars and public assemblies.

Human Rights Response

- 1. Terrorist Attack on Imam Bargah Shikarpur:** PAHEL Pakistan has demonstrated Rally against the brutal killings of the Shiya sect of Muslims at Imam Bargah during Juma Prayer on January 31, 2015;

The incident took place on Friday noon at Shiya Imam Bargah Shikarpur on January 30, 2015. The rally was started from Qadir Bux Bedil Library, passing through Shikarpur press club, Lakhi Gate and went to the Imam Bargah (the place of indecent); the participants condemned the coward act of terrorism.

The Human Rights Watch Group, PAHEL Pakistan, Civil Societies, Political Leaders, Students, teachers participated in the rally to condemn the brutal killings of peoples during prayer time at Imam Bargah Shikarpur.



2. Token Hunger Strike against brutal attack on Imam Bargah at Shikarpur:

PAHEL Pakistan and Centre for Human Rights Education in collaboration with civil society hold token hunger strike on February 7, 2015 as to condemn the brutal terrorist attack on Imam bargah, during Juma prayer on 30th Jan-2015 and demand prompt army action in district Shikarpur against the terrorists, their local like minds and



facilitators. The token hunger strike started from 11:00 am to 02:00 pm in front of Shikarpur Press Club. The strike and demand was endorsed and attended by Centre for Human Rights Education Pakistan, Amman-o-Ravadari Sangat, Civil Society Network, Human Rights Watch Group (Sukkur, Ghotki, Khairpur and Nausheero Feroze). Beside that the local faces who are the like minded to the religious extremists, provide local facilitation for carrying out terrorist attacks in Shikarpur district and deliver hate speeches.

3. Terrorists attack on Church at Youhanabad, Lahore: PAHEL Pakistan has demonstrated a rally against terrorist attack on two churches of youhanabad "Catholic Church and

Christ church" Lahore on March 15, 2015; the participants were from different religions and sects, political leader, civil society and students to protest against the losses of innocent peoples. The rally was started from Qadir Bux Bedil Library to clock tower Shikarpur. PAHEL Pakistan team with collaboration of civil society strongly condemned such type attacks to innocent peoples and it is also demanded that the Government should implement their Action Plan; religious extremism and intolerance was also condemned during the rally.



Oath for Peace

PAHEL Pakistan in collaboration of Centre for Human Rights Education carried our peace activities in the project area districts and Shikar pur as well. This collaborative efforts maximize the impact and outreach of the activity.



The most important work that PAHEL has been doing is

“Preaching and promotion of peace, tolerance and co-existence”

Growing intolerance especially religious intolerance in Pakistan is pushing society into more and more complex situations and losses which are irreparable. Until now more than 70 thousand people have lost their lives by becoming victims of bomb explosions, hundreds lost their lives in blasphemy accusations, many religious places and Christian worship places and residential areas are burnt into ashes. The point of concern is this that this religious intolerance is growing more rapidly, having a strangled hold on society. Though the government has started realizing the sensitivity of the issue and has taken some steps like the National Action Plan, execution of capital punishment of the criminals waiting for capital punishment etc but

this only is not sufficient. Country is in the state of war against terrorism and religious and extremism. Army and Government are playing their role but wars are not won by the army or by the state, it is the nation who supports them morally and stands shoulder by shoulder with them as keep their moral high.

Realizing the role of civil society in Pakistan, PAHEL Pakistan taking in collaboration to Centre for Human Rights Education Pakistan planned a joined venture to response the situation and spread the message of peace, tolerance and co-existence

PAHEL Pakistan decided to take Rawadari (Tolerance) Caravan from Lahore (a capital city of Punjab) to Shikarpur (a city of Sindh) in collaboration with CHRE. All the interested activists throughout Pakistan were invited to join the caravan. Beside that the Rawadari Caravan was advertised on official pages of PAHEL Pakistan. The planned caravan will also be supported by the series of the activities as mentioned below:

- i. Inauguration ceremony and press briefing of Rawadari Caravan at Press Club Lahore on March 9th, 2015.
- ii. Journey of Rawadari Caravan-Lahore to Shikarpur on March 10th, 2015
- iii. Press Briefing of Rawadari Caravan and other clipped the activities at Sukkur Press club on March 11th, 2015
- iv. Good will exchange visits: Church, Imam Bargah, Sadh Belo Sukkur on March 11th, 2015
- v. Visit of Dargah Bedil Bekus Rohri-Sukkur and Sufi-Folk music that teaches the message love, peace, tolerance and co-existence on March 11th, 2015.
- vi. Peace Rally from Qasim Park to Sukkur Press Club on March 12th, 2015
- vii. Rawadari Festival-2015 at Public School Sukkur on March 13th, 2015
- viii. Rawadari Caravan to Shikarpur on March 14th, 2015

Future Plan of PAHEL:

Keeping in view the Vision & Mission the PAHEL PAKISTAN promises for innovative opportunities for the civil society in the general & the poor masses in the particular.

There is a need to respect our environment on which our vary lives are dependent, to protect our bio diverse cultures & traditions & values the PAHEL PAKISTAN is making plans to promote & heritage which is diverse in nature & also to struggle will have to reduce their poverty & promote the culture values.

Further in future plan the **PAHEL PAKISTAN** struggle for women issues such as discriminatory practices against women, domestic violence, and sexual harassment of women by local influential, promotion of human rights & girl's education & also planning to educate the school children on civil & political rights as guaranteed in constitutions of Pakistan.

The objective of these interventions are to make the future generation of the nation of their civil & political rights, peace full, and tolerance, which will have a respect full place on the global scenario. More over the following future plans are as under:

- To strengthening partner CBOs.
- Advocacy on local issues of area.
- To create income generating opportunities to elevate Unemployment.
- To Establish community schools, Literacy Centers and Adult Education Centers
- Income generating opportunity for local women by skill development centers.
- To address human rights issues such as gender social discriminations, child labor & drug addiction by launching advocacy & lobbying campaigns by means of partner CBOs, VOs & NGOs.
- To address women's Health issues and provide them community Health Centers.

Glimpse



Glimpse

