

Volunteering at AFFPIN

Volunteering at AFFPIN often involves physical work. We start the day early and end early, and we work 5 days a week with Saturdays and Sundays off. Volunteers take a break between 10:30 – 11:00 and have lunch from 13:00 – 14:00.

Working Hours

Monday – Friday
08:00 – 16:00 hours



We recruit volunteers all year round to find the right volunteer for the right job. Our volunteers are generally men and women aged 18 and above. But we believe that everyone has something valuable to contribute regardless of age, disability, with or without specific skills, and offer volunteering opportunities for the whole family.

As an AFFPIN volunteer, not only will you make a meaningful and positive impact, but you will also gain the opportunity to learn new things, meet new people and be part of a great team! We entrust our volunteers with important tasks that allow them to develop and apply their talents in real conditions. We look forward to welcoming you in 2013!



Building Projects

Most of our projects involve constructing and restoring buildings and facilities, like water sources, toilets, housing and schools. Past volunteers have lent a hand building residential homes, pit-latrines, furniture, spring wells and chicken coops in communities around Buikwe district.

Building projects often require specific skills, like how to construct a brick wall correctly. AFFPIN staff will provide assistance to volunteer teams when necessary.

The work can get dirty and exhausting. Depending on the task assigned, volunteers can expect to dig trenches, carry equipment, load or unload vehicles, plaster walls, make desks and chairs, or paint classroom walls. Our projects range from heavy to light manual labour tasks. Men, women, seniors and the disabled have worked together successfully on-site. Please contact us and we will be happy to find the right placement that best fits your interest.



Fundraising

Get Started

We need volunteers to raise money and help with the cost of building material when they work with us. Volunteers are encouraged to start fundraising campaigns in their home countries. It is a great way to help spread the word and involve your community, friends and family! You can create a website, blog or tweet about your cause and how they can donate. AFFPIN depends on your active support to continue its community-building efforts in rural Uganda.



Here is what we need:

✚	Paint classrooms	\$600
✚	Build a verandah	\$1,500
✚	Fix window glass panes	\$1,500
✚	Make furniture	\$1,600
✚	Expand a chicken farm	\$7,000

What To Pack For Your Trip




Clothing for work and leisure
 Laptop
 Digital camera
 Stationary (notebooks, pens, etc)
 First Aid kit
 Toiletries
 Medication/Multivitamins
 Sunscreen and hat
 Sunglasses
 Insect repellent
 Language Guide
 Maps

Essentials

Passport with 6 months validity
 Visa and Work Permit (Class G1)
 Vaccination card
 Travel insurance
 Travel documents
 Anti-Theft backpack
 Money pouch
 Foreign currency

Meals

AFFPIN provides volunteers with 3 meals daily. A typical local meal in Uganda may consist of rice, sweet potatoes, Irish potatoes, beans, peas, eggs, fish, chicken, pork, beef and many kinds of vegetables and fruit, like cabbages, bananas, etc. Our local cook sources seasonal ingredients and prepares meals daily for all volunteers for a shared cost of \$40* per week; a portion of this fee goes toward buying school supplies, like books, pens and uniforms for orphans studying at Erinah Manjeri Primary School.

-  70% provides volunteers with 3 meals a day, 7 days a week
-  20% goes toward orphans and their education
-  10% is paid to the cook

Time of Meals	Breakfast	Lunch	Dinner
Hours	07:30	13:00	18:00

*This shared fee is optional. Volunteers are welcomed to cook their own food at their own expense, but will be required to make a small donation to help orphans under our care.

Customs and Etiquette in Uganda

Socialising

Ugandans are welcoming and friendly. But there are some general rules to consider: when greeting someone, always shake hands; make small talk and be prudent in controversial topics, like religion; in conversation, look away politely as direct eye contact is seen as aggressive. For couples, keep intimacy private and indoors. This includes holding hands. Volunteers are encouraged to interact with the local people. But keep personal information private from strangers.

Dressing

Rural communities in Uganda maintain strong and traditional values. Women are advised to dress conservatively in long skirts, dresses and tops that are comfortable and loose-fitting. Men should wear shirts and long pants. But depending on the nature of your assignment, shorts may be better suited for the task. Although in general, shorts are not recommended for both men and women as they are not commonly worn in Uganda.

Security

Uganda is one of the safest countries in the world. But as in any country, it is wise to practice safety. Limit walking at night or if you must, walk in groups; leave valuables at home and be mindful of expensive items, like watches and smartphones, and divide your money and keep them in small bills. If you are offered free food, always seek advice from AFFPIN staff before accepting a meal.

Laws and Regulations

Smoking cigarettes in public places is illegal in Uganda. Possessing and consuming illicit drugs face heavy penalties if convicted. As volunteers, you are advised to be respectful of the laws and regulations in your host country.

Alcohol may be consumed at your own discretion with the exception of volunteers under the legal drinking age of 18 years. Volunteers are not allowed to drink alcohol while on the job and are expected to drink responsibly when choosing to do so. AFFPIN volunteers exemplify passion, integrity and commitment to a high standard of conduct for the duration of their assignments.