

Society for Disabled Women (SDW) Pakistan

www.sdwpak.org



Empowering Disabled Women for Independent Living



SDW Strategic Plan
2010-2015

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Article 6

women with disabilities



1.

States Parties recognize that women and girls with disabilities are subject to multiple discrimination, and in this regard shall take measures to ensure the full and equal enjoyment by them of all human rights and fundamental freedoms.

2.

States Parties shall take all appropriate measures to ensure the full development, advancement and empowerment of women, for the purpose of guaranteeing them the exercise and enjoyment of the human rights and fundamental freedoms set out in the present Convention.

About SDW Pakistan

SDW represent millions of disabled women, who need our attention, living dependent, isolated and desperate life in marginalized communities in Pakistan.

Society for Disabled Women (SDW) is non-profit community organization striving for the uplift of basic rights and recognition of women with disabilities in specific and disabled children in rural areas of marginalized communities.

Society for Disabled Women was formed to cater the needs of the disabled women in specific. The women in Pakistan generally & disabled specially are neglected. It started its work in the year 1997.

Major strengths of SDW are a pool of volunteers who are willing to support the

organization's work at a short notice. They are all equally participating during training programs & eagerly take part in all the activities.

The coordination between the team and the volunteers is strong. This augurs well for the organization in future.

Vision:

“To empower the disabled women and children socially to participate in normal life”

Mission:

Extend education, health, vocational trainings, socialization and opportunities for the disabled.

SDW have developed Devotion, passion for work, Approach to the victims, participation in seminars and trainings, part of national and global networks over the past years.

But still there are areas that need improvement. Disabled women transportation and wheel chairs is big challenge, lack of skilled workers and also need sufficient training for staff and reporting, proposal writing & of course beneficiary's capacity building. SDW seek opportunities to overcome the weaknesses through learning & involvement of volunteers & management skills, capacity building of staff members, we believe that scope of work will enhance by finding Opportunities.

There are still threats to organizational development strategies, like funds are difficult to tap & religious discrimination and mostly the beneficiaries belongs to Illiterate fundamentalist communities.



Beneficiaries:

Disabled Women physically and mentally disabled, deaf and dumb, visually impaired.

Stakeholders:

SDW, government disability development departments, Volunteers, Media, Civil Society Businessmen etc.

Future plan of SDW, is to create more and more awareness on disability issues and to conduct research study on disability needs and problems of disabled women life, and to gain international cooperation and to seek local and international funds to build institutes at district level where disabled women can get educational, vocational opportunities for independent living status. SDW seek to target funds for WWDs basic human rights, social inclusion, inclusive education, disability research and information promotion, and for rehabilitation programs in next five years.

We are committed to reach more than 2000 disabled women in one district out of five districts in Punjab for social change in the community development Initiatives.

Society for Disable Women Pakistan which has been established exclusively for the recovery and rehabilitation of marginalized and vulnerable disable & paralyzed women has been very instrumental in alleviating/ reducing the miseries and misfortunes in different highly neglected areas of Pakistan.

It has been providing integrated recovery & rehabilitation services in its target areas to Marginalized & vulnerable People/ women. SDW has very healthy experience of working with international donor organizations on community based rehabilitation programs for disabled women relief and rehabilitation.

Society for disabled women works through 'operation policy manual. Each activity is carried out according to the set manual'.

Achievements of SDW:

→ SDW is also partner organization of CAFOD, International and at presently working in earthquake areas since February 2007 and will continue CBR project up to January 2010.

→ Establishing inclusive education and economic rehabilitation centers in different locations in its target area.

→ SDW has also worked with CDRF USA from July 2006- July 2007 for one year Project for guidance and counseling program for neglected and depressed disabled women of marginalized communities in rural areas".

→ SDW is at present working with CDRF USA "proper care and cure of disabled and paralyzed women by giving them rehabilitation services at their door step".

→ SDW also has honor to represent Pakistan disabled women community at WILD course in August 2006 which was organized by MIUSA in Eugene Oregon.

→ SDW has worked on a project funded by Mamacash in year 2004, "Sexual harassment of disabled women in rural areas in Pakistan".

→ SDW has also worked with Abilis Foundation Finland on one year project on, "sexual harassment cases of disabled women and to provide them psychological support".

→ Capacity building & training initiatives of the local staff for the provision of recovery and rehabilitation services at the door step at grass root level in its target communities.

→ Peace x Peace USA has funded SDW computer literacy program to promote peace and harmony among disabled and able women groups in rural and marginalized communities in Pakistan.

→ Misereor Germany has funded SDW an activity, organized by SDW from 27th of Nov 2008 3rd December 2008.

“International Disabled Day celebration program for promotion of PWD's rights”.

→ SDW self and locally supported Inclusive Education program to increase the inclusion of PWD's and disabled women in specific in all walks of life. SDW running “school for all” needy, orphan, poor and disabled children (girls & boys) in remote areas in Faisalabad District.

→ Sam Schmidt Paralysis Foundation USA provided funds for medical rehabilitation of paralyzed disabled women treatment.

→ Mr. Mike Maude provides (Arkansas USA) Consultancy to SDW for raising funds from individuals in USA.

A brief review of the services provided by this particular SDW to paralyzed persons is as under:

→ Medical treatment and Referral.

→ Relief and rescue in natural calamities/disasters.

→ Providing advocacy and networking services in public and private sector for the recovery and rehabilitation of paralyzed people.



Strategic Plan 2010-2015:

SDW seek innovative approach for disabled women and children development and rehabilitation programs 2010-2015. Basic human rights of WWDs, Rehabilitation programs, Social Inclusion, inclusive Education, and Disability Research and Information are key components for future focus strategy.

Basic human rights of WWDs include socio-economic and political rights, which lacks at every platform in the male dominant society for Pakistan. SDW would be concentrating on to inculcate awareness, among disabled women groups and individuals through community based projects to strengthen group activities and to produce disabled women leaders, building their capacity in all walks of life.

Human Rights awareness and information desk will be set up and we seek to promote more and more information about CRPD on disabled women issues and implementation of CRPD at grass root level.

Rehabilitation Programs always been important to bring changes at grass root level in every community, SDW have been doing various projects with local and international funding since 1997, after 11 years the need felt to make some drastic



changes to implement programs for rehabilitation & reorganize strategy to overcome man made challenges, physical and environmental barriers for free mobility and inclusion of disabled women to learn to read and write, learn skills for economic growth & have easy access to medical rehabilitation programs of public sector and NGO sector.

Social Inclusion for every human being is as important as food is necessary for living, one cannot be isolated when he/she is born to live free and independent life.

Disability is considered curse of God in our society in Pakistan, due to this there are lot of restrictions imposed on disabled women in specific, and they are forced to live in dark rooms, hidden away from social gatherings, suffer domestic violence Psychological trauma, free mobility barriers, shyness, dependent, isolated, desperate, and neglected.

SDW have been creating awareness opportunities and organizing social gatherings, & providing chances for disabled to get exposure at national and international level, which has helped disabled women to recognize their own abilities and think about their status in the community.

SDW use to organize seminars, workshops, community meetings celebrations (international Disabled day, women day etc.) birthday parties and also encourage disabled women to attend wedding ceremonies to increase their social inclusion in their own society and community where they are based.

SDW is committed to carry on social participation related activities for disabled women, more and more inclusion for possible social change. We look forward to see donors interest for making possible disabled women inclusion in the Community.

Inclusive Education comprises of formal and non formal education programs, SDW representing millions of disabled women in Pakistan, and women makes majority of population of the country, but women and girls are kept more away from schools and educational institutes. SDW has started self help project for disabled and disadvantaged children of rural and marginalized communities. We are committed to promote inclusive education for disabled children participation and inclusion in mainstream schools in the community.

SDW Inclusive Education System "School For All" is an initiative at local level to mobilize disabled children of rural communities to study with normal children. Aim of the school is to promote inclusive environment and to overcome physical and environment barriers to make possible disabled children inclusion. SDW also work to promote home schooling for disabled children, we prepare disabled children for admission in mainstream schools in the community. Disabled women and normal women are also encouraged through adult literacy program. SDW is committed to strive for another five year plan to promote inclusive education and adult literacy for disabled women and their poor women of Marginalized communities. The future focus will be to open adult literacy centers for disabled women and poor women at town level in district faislabad. Home schooling for disabled children formation will be promoted and target to prepare more than 1000 disabled children in coming five years will be making capable to go to school. We also look forward to see collaboration from women donor organizations to promote adult literacy through inclusive environment.

Disability Research and Information Center is new intervention of SDW from next five years plan, we seek to adopt research methodology to study the needs and problems of PWDs and disabled women in specific.

Disabled women due to isolation and dependency are more aggressive and irritate with their family members without any reason.

Root causes of disability in rural areas in Pakistan.

Health issues of women during pregnancy, why children get polio and paralysis in early childhood?

Increasing number of polio cases in Pakistan?

*Traumatic conditions of WWDs
Thorough study on physical and environmental barriers of WWDs.*

SDW is looking forward to conduct research study on following issues and will impart information for community development organizations and general public interest.

Objectives of 2010-2015 strategic planning.

Work with and for, the basic rights awareness & recognition of women suffering from physical & mental disabilities, also aim to raise voice of the isolated, dependent and neglected disabled women.



Organize WWDs for rehabilitation programs, & to develop capacity, to engage them for educational, vocational & basic health opportunities, and to facilitate them for independent living.



Research and information on disability rights and disability root causes of WWDs, and awareness on article 6 of CRPD at grass root level.



Mobilizing WWDs and CWDs for social inclusion through cultural, national and international events for free mobility status, and promotion through inclusive education, adult literacy and computer literacy programs.



Development of local and international cooperation for possible funding for the strategic planning 2010-2015.



Acknowledgment



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STRATEGIC PLAN 2010-2015
for disabled women independent living status.*