



## ANNUAL REPORT 2018

Reaching the Unreached Tanzania (RUT)

**ANNUAL ACTIVITY REPORT 2018 - REACHING THE UNREACHED TANZANIA (RUT)**



Reaching the Unreached Tanzania (RUT)

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## ANNUAL ACTIVITY REPORT 2018 - REACHING THE UNREACHED TANZANIA (RUT)

**This annual report covers Reaching the Unreached Tanzania's activities for 2018.**

Improving and protecting the wellbeing of women and girls is our main priority, not only because of being the group that mostly abandoned in the community for different opportunities but also is the groups that plays a great role in nourishing the future generation. All women and girls have the right to be well protected as well as to have access to quality social services particularly health and education services. Communities have responsibilities to ensure this happens by joining their efforts on it. Our organization works very hard to support as well as to encourage the communities towards protection of women and girls rights and improvement of their health through different projects including Community Nutrition Project, and Women Empowerment Project.

Women and girls deserve better that's why Reaching the Unreached Tanzania (RUT) invests in them. We do whatever it takes to ensure women and girls attain healthier better lives for the current and their future generation. Although it is hard to tackle all issues but we hope our organization can and should share our new views on women and girls issues in areas where activities are implemented.

Vitus Msangazi  
Chief Executive Officer



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## ANNUAL ACTIVITY REPORT 2018 - REACHING THE UNREACHED TANZANIA (RUT)

### **RUT LEADERSHIP**

#### **Board of Directors**

<p>Hereswida Monyiechi (MPH) – Board Chairperson Social Science Researcher - Muhimbili University of Health and Allied Science (MUHAS)</p> <p>Levina Rutta - Member Program Coordinator – Young Life – Tanzania</p> <p>Eng. Ester Nangawe - Member Electric Engineer – TEMESA</p> <p>Patricia Mlowe (CPA-T) - Member Finance Officer – Ministry of Finance and Planning, Tanzania</p>	<p>Vitus Msangazi (MPH) - Board Secretary Chief Executive Officer-Reaching the Unreached Tanzania (RUT)</p> <p>Josiah Otege - Member Program Coordinator – Amref Health Africa – Tanzania</p> <p>Frank Miti (MBA) Human Resources Manager – Kinondoni Municipal Council</p>
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#### **Advisory Board**

<p>Dr. Timothy Ndezi (PhD – UK) Executive Director- Centre for Community Initiatives (CCI)</p> <p>Mr. Azgard Stephen Project Coordinator – Christian Council of Tanzania (CCT)</p>	<p>Rev. Dedan Echasa Missionary-Tanzania Assemblies of God (TAG)/ Executive Director at Ministry of Love to Nations (MILONA)</p> <p>Mrs. Ramla Nandala District Health Secretary-Kibaha District Council (KDC) – Tanzania</p>
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## ANNUAL ACTIVITY REPORT 2018 - REACHING THE UNREACHED TANZANIA (RUT)

We would like to kindly thank everyone for whatever support to us. We real appreciate and value your momentous support.

Specifically, we would like to thank the organization's volunteers for their commitment in furthering the organization's vision and for contributing towards it in 2018, in particularly;

1. Dorice Mkiva
2. Sholdan Kunyanja
3. Rosemary Uriyo
4. Mwajuma Ntandu



**LIST OF ABBREVIATIONS**

CNP	Community Nutrition Project
CSOs	Civil Society Organizations
GBV	Gender Based Violence
HIV	Human Immune Virus
NCDs	Non-communicable Diseases
RCH	Reproductive Child Health
RUT	Reaching the Unreached Tanzania
SAM	Severe Acute Malnutrition
WASH	Water, Sanitation and Hygiene
WEP	Women Empowerment Project

## ABOUT US

Reaching the Unreached Tanzania (RUT) is a national voluntary based non-governmental, non-profit making and non-partisan organization established in 2016 by a group of young public health and community development specialists and was officially registered in 2018 with Legal Status/Registration number ooNGO/00009674 – under Tanzania Non-Governmental Organization Act 2002. RUT works to address women and girls' health related issues including but not limited to Reproductive Health, Nutrition, HIV/AIDS, Gender Based Violence (GBV), Chronic and Non-Communicable Diseases (NCDs), Climate change, and Water, Sanitation and Hygiene (WASH).

Our main focus is to support and help women and young girls to realize their better lives through community sensitization and programs implementation.

### **Vision and Mission**

**Vision:** A healthy society free from diseases and injustices; and well protected women and young girls.

**Mission:** To support the community in attaining better health, fight against gender and children violence through community-based programs and interventions.

### **RUT's Objectives**

- To promote and improve public health in the community.
- To advocate for women and girls' rights and inform women about their rights regarding gender-based violence and guide them through rehabilitation.
- To empower women and young girls by providing tools and knowledge that will enable them to become economically independent.
- To promote, and enhance community knowledge, understanding and appreciation of nature and thereafter participate in conservation of natural resources.

**Our Pillars (How we work)**

**Research & Advocacy**

RUT operates through evidence-based approaches. We generate new knowledge and findings that support in designing our programs. We also use facts generated from researches in planning, designing and implementing advocacy strategies and campaigns for the purpose of nourishing actions of policy makers and other stakeholders in decision making platforms. Advocacy stands as a tool to impose a positive impact on policy making processes so as to bring about an ideal alteration in the policies that are being drafted/developed, discussed and/or implemented.

**Community System Strengthening**

RUT implements a multitude of programmes and interventions targeting community groups particularly women and young girls covering a wide range of topics related to women’s wellbeing and rights.

**Humanitarian Support**

RUT has been dealing extensively with humanitarian affairs in the form of material, psychosocial and legal support to women and young girls in need particularly those living in extreme poverty and victims of abuse.



**Our Values**

**Voluntarism:** Participating in activities without expecting any individual gains.

**Service to others:** Be of benefit to the public and our stakeholders.

**Collaboration:** Having teamwork spirit, healthy work environment internally and with external stakeholders.

**Transformation:** We are committed to ensure that our undertakings bring about sustainable changes to the community we serve.

**Integrity:** We are committed to carry out all our activities with the greatest responsibility and accountability while ensuring honesty, transparency.

## **RUT'S PROJECTS**

### **Introduction:**

In 2018 Reaching the Unreached Tanzania implemented two projects namely Community Nutrition Project and Women Empowerment Project. The projects were implemented in one ward namely Zuzu ward located in Dodoma region, Tanzania with the financial support from The Friends of RUT – Tanzania, contributions from RUT's members and organization income generating activities.

### **Key Planned Activities for the 2018 Projects**

The below table describes activities conducted by RUT in the two projects for the year 2018, the activities were performed in collaboration with our Community Health Workers (volunteer) in the operation area (1 Ward – Zuzu ward). These activities are as follows:

<b>No</b>	<b>Activity/Core Service</b>	<b>Planned Implementation Method</b>
<b>COMMUNITY NUTRITION PROJECT</b>		
1	Food and nutrition	Educating household members on better methods of food preparation, storage and the best consumption of the same for a better health.
2	Primary Health	Provision of services on health matters including advices, training and directive on various health issues such as family planning, hygiene and prevention of various dangerous diseases.
<b>WOMEN EMPOWERMENT PROJECT</b>		
3	Psychosocial support	To provide necessary advices to GBV survivors (women and young girls) which lead them to appropriate behavior or behavioral change through conducting home and club visit.
4	Education support	Provision of school materials for young girls living in extreme poverty and conducting school visits so as to know significant beneficiaries progress in their studies so that necessary required steps can be taken.
5	Legal Support	Provisions of aid/services on legal related issues to the GBV survivors and their families so that reducing or eradicating their legal related problems.
6	Economic Strengthening	Provisions of entrepreneur skills and support on starting and maintaining small economical projects to marginalized women/parents and Guardians so that they can minimize their financial needs including managing food and schooling cost of the children and other necessary social services.
7	Shelter	Provision of services for shelter or residence related matters including repairs of houses and advices about better shelter maintenance.

## **Achievements in 2018**

### **Community Nutrition Project (CNP)**

It is a project aiming at improving health and nutrition status of women and children aged 0-14 years in Dodoma Region. The project was undertaken in one ward with expectations of extending to more wards depending on the availability of fund. The project reached 350 beneficiaries in 2018 and expects to reach and benefit at least 1200 individuals both directly and indirect by 2020.



The project's main activities include community outreach to identify vulnerable children especially those with Severe Acute Malnutrition (SAM) and refer them to health facilities, provision of nutrition education to the RCH clinics, door to door visit to provide nutrition counselling to pregnant women, lactating mothers and education on hygiene, conducting training on health and nutrition knowledge to school children, parents and guardians and taking anthropometric measurement and hemoglobin to school children.



In 2018 the Community Nutrition Project (CNP) achieved the following:

#### **Food and Nutrition:**

- A total of **116 children** from **101 Households** were reached for counselling and care in food and nutrition services such as education on food preservation, preparation of nutritious food and demonstration, and provision of food to poor families,
- The project reached 67 Breastfeeding women and provided them with knowledge on exclusive breastfeeding particularly on how to position their babies during breastfeeding and time duration of stopping it.
- 96 households were provided with vegetable seeds for the purpose of ensuring nutritious food for households but also use them for commercial purposes in generating/increasing household income.
- 15 children with malnutrition were reached and given referral to nearby health canter for treatment.

**Primary Health**

152 women and young girls were provided with services on health matters including advices, training and directive on various health issues such as family planning, hygiene, prevention of various dangerous diseases including cervical cancer and cholera.

**Women Empowerment Project (WEP)**

This is a project aiming at improving the health and wellbeing of women by addressing Gender Based Violence particularly in the rural communities. The project was undertaken in one ward with expectations of extending to more many wards depending on the availability of the fund. The project reached 520 in 2018 and expects to reach and benefit at least 3500 individuals both directly and indirect by 2020.

The project focuses on: (1) Increasing awareness to women and girls, men and boys to recognize GBV as a violation of women’s rights and raise awareness on policies and laws that address gender-based violence (2) Identify and respond to GBV cases at the schools and households/communities (3) To increase the number of girls and women who seek help to stop violence. The project mainly targets school girls and women in the community.



In 2018 the Women Empowerment Project (WEP) achieved the following:

**Psychosocial Support**

The project reached 273 women and girls who are GBV survivors with provision of counselling and education on GBV and how to recover from the situation.

## ANNUAL ACTIVITY REPORT 2018 - REACHING THE UNREACHED TANZANIA (RUT)

### Education support

The project succeeded to support **25** school children (girls) by providing them with different materials such as uniforms, exercise books, bags, pencils and shoes. This kind of support targeted those who live in extreme poverty.

### Legal Support

**27** people were provided with education concerning laws that protect women and creation of awareness to women about their rights as human beings. Furthermore some GBV survivors were linked to legal services.

### Economic Strengthening

The project reached **188** women and provided them with entrepreneurship skills and support on starting and maintaining small income generating activities. This targeted the marginalized women/parents and Guardians so that they could afford their daily needs including managing food and schooling cost of the children and other necessary social services.

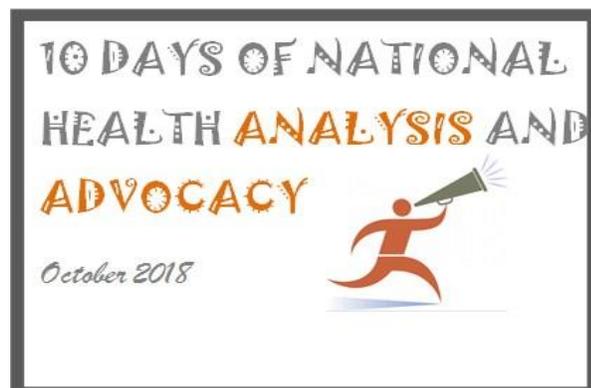
### Shelter

The project provided shelter services particularly materials such as iron sheets and woods to support the repair of houses with poor roofing and therefore making the reached households safe during the rainy season(s). This support benefited 7 households with a total number of 42 household members.

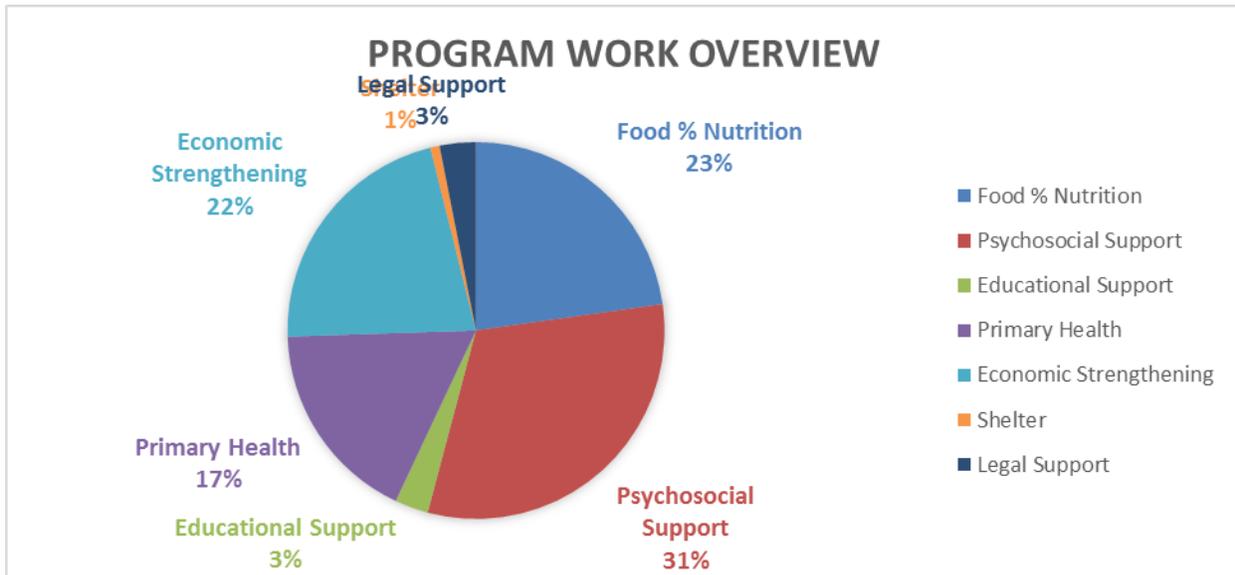
### Other Activities

10 Days of health budget analysis and advocacy workshop for discussing and analyzing the budget allocated to the health sector in improving Maternal and Child Health.

RUT participated in the national workshop that involved 18 organizations working in the health sector. The workshop focused on equipping knowledge to CSOs on health budget analysis to enable them tracking implementation and advocate for improving the budget allocated to health sector.



## **Program Work Overview**



## **Challenges**

Apart from the project accomplishments listed above, RUT faced some challenges in implementing project activities and other connected processes. Below is a highlight of the challenges faced:

- Shortage of financial resources to expand coverage, and reach more wards and districts for the purpose of serving many vulnerable people who are categorically unreached.
- Community opposition on some issues particularly changing some kind of behaviours which has been grounded from cultural beliefs.
- Working with government has been a red tape due to a number of unnecessary bureaucratic procedures on the part of government officials causing a lot of fatigue and stress.
- Communication barrier; most of the local women and girls in the project implementation area speak kigogo (local/traditional language) something gives difficult condition for our field staff to easily understand each other.

## Lessons Learnt

- Innovative behaviour change approaches that target the mindset among individuals in rural communities are required to address the complex interplay of different factors affecting the behavior and understanding of the population in the Region.
- Joining efforts with other partners that includes local community leaders, religious leaders, health workers, scientific societies, government, civil society organizations is critical to responding in a comprehensive manner to multiple community challenges.
- Government officials can reflect on the problems within the systems, but in most cases remain undecided on what steps to undertake to address particular concerns.

## FINAL WORDS

Help RUT reach the unreached



### DONATE

Your generous whole-heartedly support can touch and change someone's life, let's join hands for the needy

**Visit:** [www.rut-tz.org](http://www.rut-tz.org)

**Email:** [info@rut-tz.org](mailto:info@rut-tz.org)

**Call:** +255 762 723 192

**Mail:** Reaching the Unreached TZ

P. O. Box 1230 Dodoma



### ACTIVATE

Join the conversation! Mobilize your networks for good



[facebook.com/Reaching-the-Unreached-Tanzania-RUT-301090517384314/](https://facebook.com/Reaching-the-Unreached-Tanzania-RUT-301090517384314/)



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[twitter.com/the\\_unreached](https://twitter.com/the_unreached)

**AUDITS REPORT AND FINANCIAL STATEMENT FOR THE YEAR ENDED 31<sup>ST</sup>  
DECEMBER 2018**

**REACHING THE UNREACHED TANZANIA (RUT)**

**P.O.BOX 1230**

**DODOMA**

**AUDITORS' REPORT**

We have audited the financial statement set out on page 3 which have been prepared under historical cost convention and of the basis of accounting policies.

We obtained all the information and explanations which we considered necessary for our audit.

**RESPECTIVE RESPONSIBILITIES OF THE TRUSTEES AND AUDITORS**

The board are responsible for preparation of the financial statements. Our responsibility as auditors is to express an opinion on these financial statements based on our audit.

**BASIS OF OPINION**

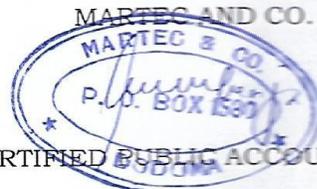
We conducted our audit in accordance with generally accepted auditing standards. We planned and performed our audit so as to obtain reasonable assurance that the financial statement are free from material misstatement.

Our audit includes examinations on a test basis of evidence relevant to the amounts and disclosures in the financial statements.

It also includes assessment of significant estimates and judgments made by the board members in the preparation of the financial statements and weather the accounting policies are appropriate in the organization's circumstances.

**OPINION**

In our opinion proper books of accounts have been kept and the financial statement which are in agreement here with give a true and fair view of the statement of the financial affairs of the organization as at 31<sup>st</sup> December, 2018.



**CERTIFIED PUBLIC ACCOUNTANTS**

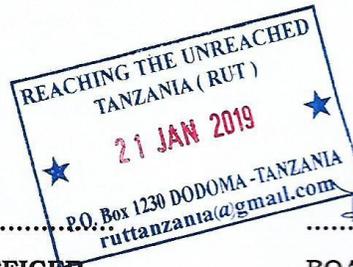
(In public practice)

**REACHING THE UNREACHED TANZANIA (RUT)  
STATEMENT OF BALANCE SHEET AS AT 31<sup>ST</sup> DECEMBER 2018**

Non-current Asset		
Property and equipment's		6,656,250
Current Assets		
Cash and cash equivalent	113,107	
Debtors	-	
Total current Assets	113,107	
Current liabilities		
Accounts payables	5,202,160	
Non-current Liabilities		(5,089,053)
FINANCED BY		
Accumulated Surplus		1,567,197



.....  
**CHIEF EXECUTIVE OFFICER**





.....  
**BOARD CHAIR PERSON**

**REACHING UNREACHED TANZANIA (RUT)**

**NOTES TO THE FINANCIAL STATEMENT FOR THE YEAR ENDED 31<sup>ST</sup>  
DECEMBER, 2018**

**1. PRINCIPAL ACCOUNTING POLICIES**

(a) Basis of Accounting

The financial statement have been prepared under the historical cost accounting basis.

(b) Depreciation

Depreciation is calculated to write off the cost of fixed assets on straight line method using the following annual rates

Furniture & fittings 12.5%

Operating equipments 12.5%

Computers 37.5%

**FIXED ASSETS**

COST	COMPUTER &PRINTERS	FURNITURE & FITTINGS	OPERATING EQUIPMENTS	TOTAL
As at 1.1.2018	-	-	-	-
Additions	4,700,000	2,950,000	1,300,000	8,950,000
As at 31.12.2018	4,700,000	2,950,000	1,300,000	8,950,000

**DEPRECIATION**

As at 1.1.2018	-	-	-	-
Charge for the year	1,762,500	368,750	162,500	2,293,750
As at 31.12.2018	1,762,500	368,750	162,500	2,293,750

**NETBOOK VALUE**

As at 31.12.2018	2,937,500	2,581,250	1,137,500	6,656,250
	-	-	-	-

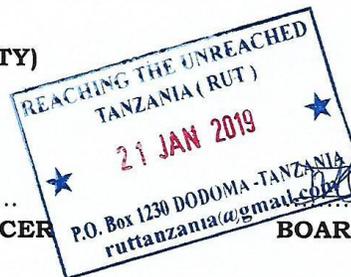
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**REACHING THE UNREACHED TANZANIA (RUT)**

**INCOME AND EXPENDITURE STATEMENT FOR THE YAER ENDED 31<sup>ST</sup>  
DECEMBER, 2018**

<b>INCOME</b>		<b>TSHS</b>
Grants		10,101,000
<b>EXPENDITURE</b>		
Women empowerment project	2,189,500	
Consultancy fees	150,000	
Miscellaneous	358,000	
Office rent	750,000	
Office utilities	126,500	
Licences and permit	115,000	
Website IT Internet and telephone	115,000	
Community nutrition project	2,313,500	
Bank charges	122,553	
Depreciation	2,293,750	
<b>TOTAL EXPENSES</b>		<b>8,533,803</b>
<b>NET SURPLUS/ (DEFICITY)</b>		<b>1,567,197</b>

  
.....  
**CHIEF EXECUTIVE OFFICER**



.....  
**BOARD CHAIR PERSON**

**MARTEC & CO.**

**CERTIFIED PUBLIC ACCOUNTANTS & TAX CONSULTANTS**

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**Partners: F.F.W. Kessy FCCA, FCPA P.P, E.K.K Amon FCPA P.P.S.B.K Shangali FCCA, FCPA P.P**

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**HEAD OFFICE**

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**BRANCHES**

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P. O. BOX 1580  
DODOMA

CRDB Bldg, 1<sup>st</sup> Floor

P. O. BOX 840  
Tel: 0713-609013  
SHINYANGA

Our ref: MRTC/BHBDD/2019/10  
The Chair Person of the Board  
Reaching the Unreached Tanzania  
P. O. BOX 1230  
DODOMA

21<sup>st</sup> January 2019

Dear Madam,

**REF: MANAGEMENT AUDIT REPORT FOR THE YEAR ENDED 31<sup>ST</sup> DECEMBER 2018**

We have recently completed audit accounts of the Reaching the Unreached Tanzania (RUT) in accordance with International standards. Those standards require that we plan and perform audit to obtain reasonable assurance that the annual financial statements are free of material misstatements.

We would like therefore to submit this report before your board for action on the weakness pinpointed. The report together with the accounts was discussed together with the management of Reaching the Unreached Tanzania who concurred with our findings arising from this audit. The observations and recommendations are outlined in the report.

By copy of the report, we are proposing the chairperson of Executive committee of REACHING THE UNREACHED TANZANIA to table the audited accounts for the year ended 31<sup>st</sup> December 2018 at the next Executive committee meeting and let us know at the earliest time possible the committee's deliberations.

Finally we would like to thank the Management and staff of REACHING THE UNREACHED TANZANIA for the cooperation extended to us during the course of audit.

Assuring you of our best services

Yours sincerely

MARTEC & CO

## ANNUAL ACTIVITY REPORT 2018 - REACHING THE UNREACHED TANZANIA (RUT)

### 1. OBSERVATION AND RECOMMENDATIONS:

In due course of our examination of the organization books of accounts we established that the overall system of internal control as a means to safe guard the organizations funds was fairly good.

- Proper books of accounts are kept
- Financial records are well documented and well preserved

Despite the above situation we would like to point out the following:

- a. Fixed Assets register are not maintained

### 2. RECOMMENDATIONS:

- a. Fixed assets register should be maintained

### 3. APPRECIATION:

We would like to thank the management for their good cooperation extended to us during our audit, which enabled us to carry our arraignment successfully

Yours faithfully  
MRTEC & CO



**Reaching the Unreached Tanzania**

**P. O. Box 1230**

**Dodoma, Tanzania**

**[info@rut-tz.org](mailto:info@rut-tz.org)**

**[www.rut-tz.org](http://www.rut-tz.org)**